

# **Long Term Workforce Planning BC Nurse Population**

Based on work of  
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# Background

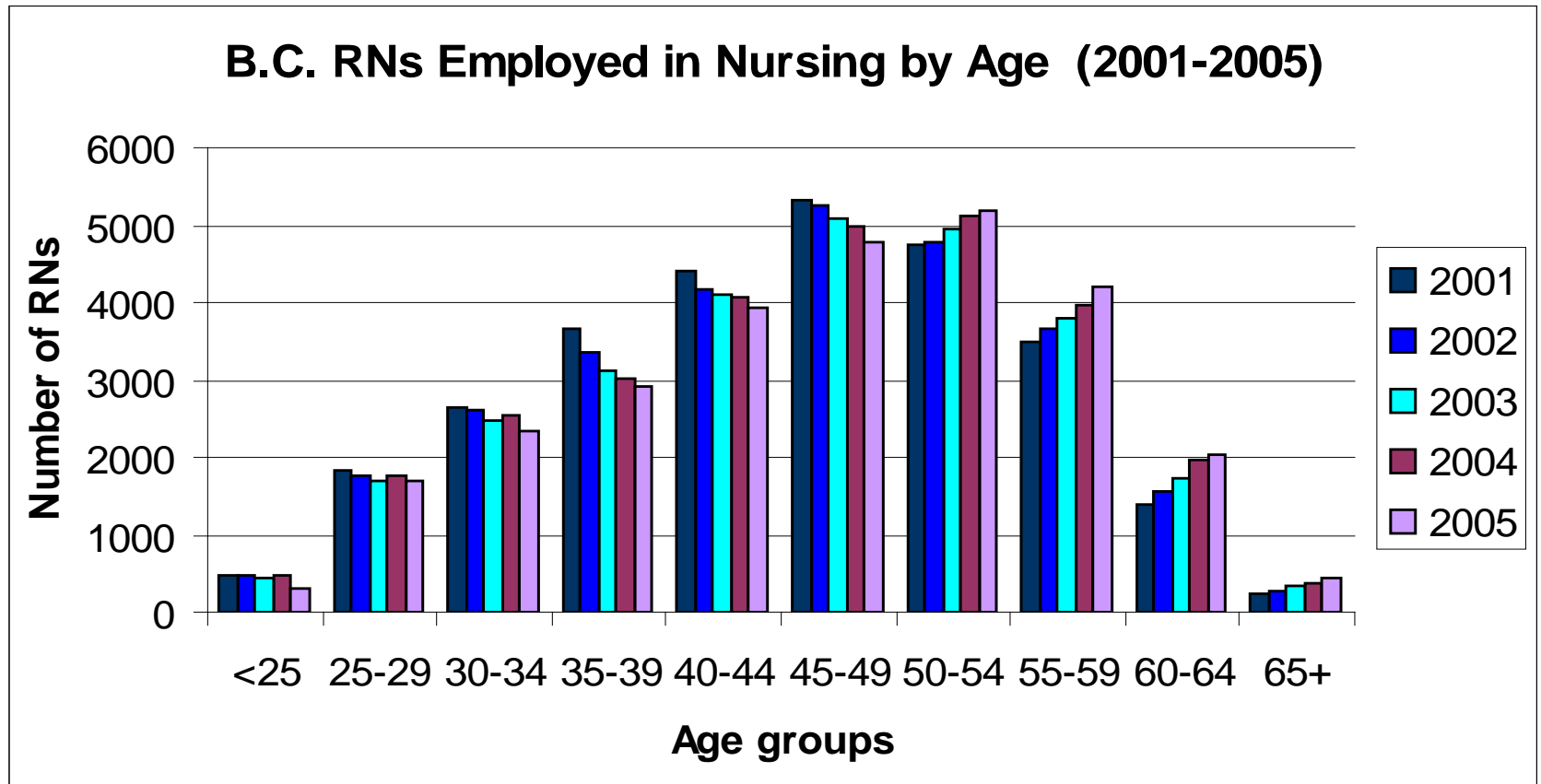
- Workforce planning, training and regulation is **the** dominant immediate and long term issue for policy makers, managers, and clinical organizations.

Listening for Direction: A national consultation on health services and policy issues

- Registered nurses account for just over one-third of the health workforce.
- Today's decisions have long term implications.
- Decisions in the 1990's:
  - decrease education seats,
  - decrease nurse leadership
- In 2001, the CNA president noted "Canada should be graduating about 10,000 nurses annually to replenish the workforce in the next 10 years".



# Background



Source: Canadian Institute for Health Information. (2006).  
Workforce Trends of Registered Nurses in Canada, 2005.



# Planners Require

- **Precise** short and long term plans that provide the annual number of:
  - nursing education seats
  - nurses to recruit and at what level
  - nurses and managers to promote
- **Models:**
  - Inputs and assumptions can be varied and implications seen
- **Flexible unified** frameworks that apply to any workforce:
  - Regional
  - Provincial
  - National
  - Sub-specialty



# Commonly Used Approach to Health Workforce Planning

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- Develop a plan
- Project or simulate
- Determine if needs are met
- Revise and repeat
- Limitations
  - Tedious
  - Sub-optimal
  - Not suitable for “what if?” analyses





# Our Approach

- A flexible **computer-based** optimization model that provides a minimum cost **health human resource plan** that achieves workforce targets over a multi-year planning horizon
- LP Based
- Formulated in Excel and solved using the Frontline solver add on



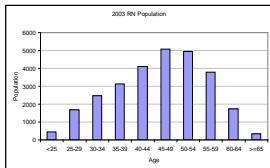
# A Sample Plan

|        | Number admitted  |                  | Number of recruits |                        | Number promoted                            |  |
|--------|------------------|------------------|--------------------|------------------------|--|--|
| Period | Student (year 1) | Student (year 3) | Direct Care Nurse  | Entry level management | Direct Care Nurse - Entry level management | Entry level management - Senior level management |
| 2007   | 1116             | 139              | 4953               | 0                      | 339  | 70   |
| 2008   | 1294             | 161              | 837                | 201                    | 0  | 34   |
| 2009   | 1502             | 187              | 854                | 118                    | 0  | 28   |
| 2010   | 1742             | 217              | 873                | 154                    | 0  | 31   |
| 2011   | 2021             | 252              | 1013               | 190                    | 0  | 42   |
| 2012   | 2344             | 292              | 1175               | 214                    | 0  | 52   |
| 2013   | 2719             | 339              | 1363               | 258                    | 0  | 62   |
| 2014   | 3154             | 393              | 1208               | 255                    | 0  | 58   |
| 2015   | 3158             | 456              | 1034               | 263                    | 0  | 58   |
| 2016   | 3026             | 529              | 820                | 268                    | 0  | 57   |
| 2017   | 2784             | 699              | 565                | 277                    | 0  | 59   |
| 2018   | 2561             | 922              | 500                | 43                     | 195  | 61   |
| 2019   | 2356             | 1218             | 500                | 0                      | 284  | 61   |
| 2020   | 2168             | 1491             | 500                | 0                      | 301  | 62   |
| 2021   | 2049             | 1734             | 500                | 10                     | 300  | 62   |

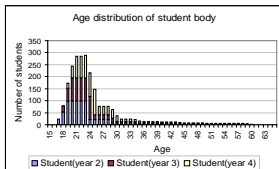
# Model Overview

## Data:

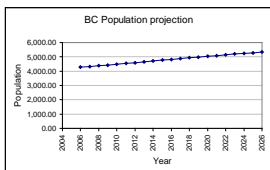
- Nurse workforce size



- Student body



- Population projection

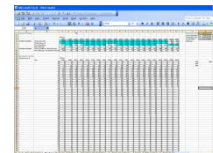


## Assumptions:

- Attrition rates
- Nurse/Pop.
- Costs

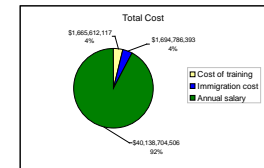
## Run model:

- Minimum cost plan

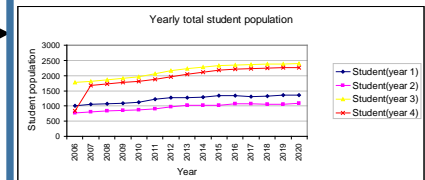


## Outputs:

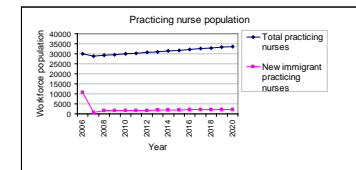
- Optimum costs



- Yearly student population



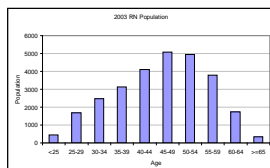
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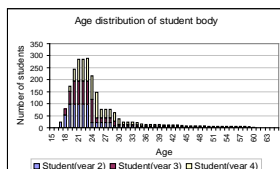
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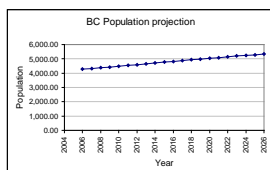
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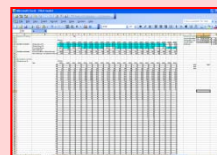


- Population projection



## Run model:

- Minimum cost plan

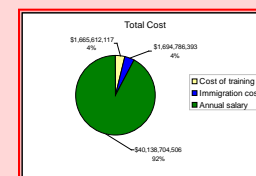


## Assumptions:

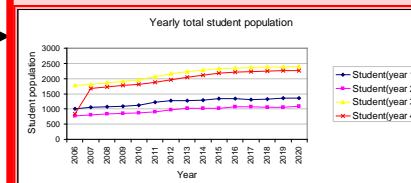
- Attrition rates
- Nurse/Pop.
- Costs

## Outputs:

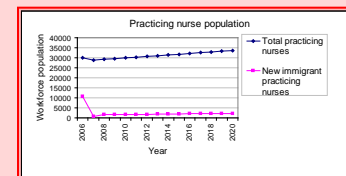
- Optimum costs



- Yearly student population



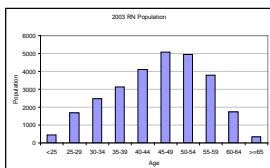
- Yearly workforce size



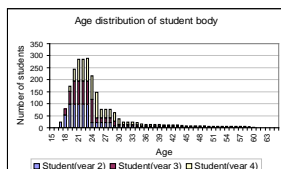
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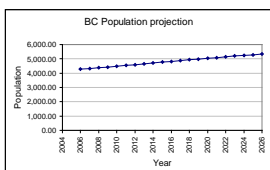
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- Population projection

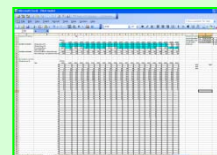


## Assumptions:

- Attrition rates
- Nurse/Pop.
- Costs

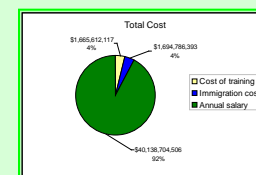
## Run model:

- Minimum cost plan

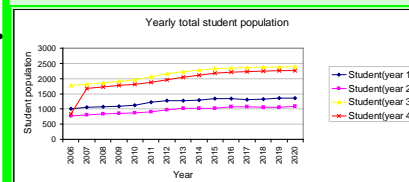


## Outputs:

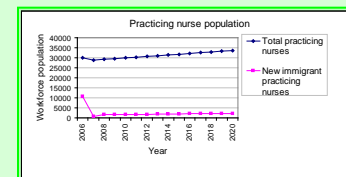
- Optimum costs



- Yearly student population



- Yearly workforce size





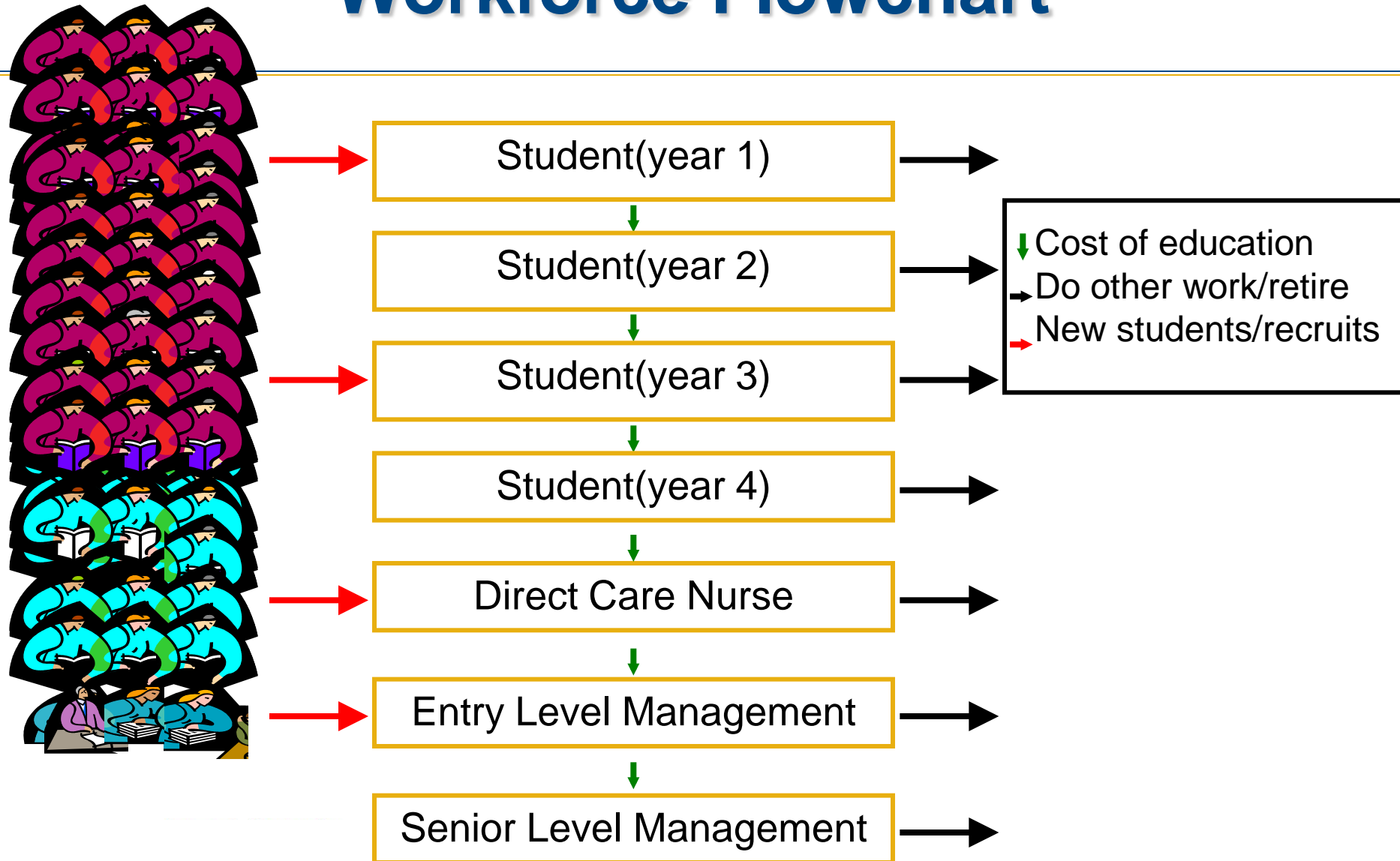
# Scope

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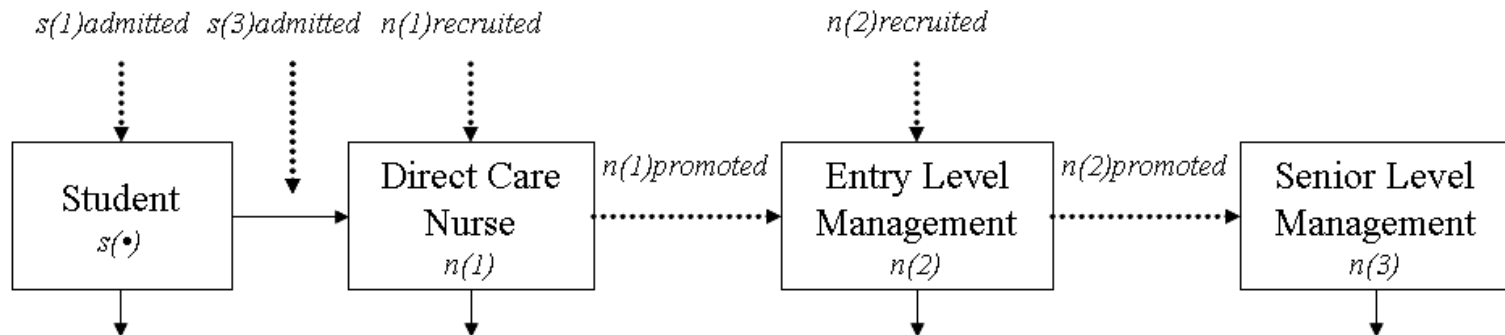
- Registered Nurses in British Columbia
- 20 year planning horizon
- Decisions made once each year
- Ages 17 – 65+
- Full time equivalent basis



# Workforce Flowchart



# Workforce flow again





# Model

- Decision Variables:

In each year

- How many  $\left\{ \begin{array}{l} \text{Students(year 1)} \\ \text{Students(year 3)} \end{array} \right.$  to admit
- How many  $\left\{ \begin{array}{l} \text{Direct care nurses} \\ \text{Entry level management} \end{array} \right.$  to recruit
- How many  $\left\{ \begin{array}{l} \text{Direct care nurses} \\ \text{Entry level management} \end{array} \right.$  to promote



# Model

- This model tracks the number of:

Students(year 1)

Students(year 2)

Students(year 3)

Students(year 4)

Practicing nurses

Nurse leaders

Senior nurse leaders

of age  $i$  that are in  
the system in year  $j$



# Model

Minimize:

Cost of training + Recruitment cost + Salary

In order to:

- Have sufficient resources (FTEs) to achieve quality of care targets.
- Achieve balance of “recruited” and BC educated nurses.
- Only promote nurses after they have been in their position a specified number of years.



# Data Sources

## ■ Costs:

- Education:
  - Student (annual) (1)
  - Management training (one shot) (1)
- Recruitment and turnover cost (2)
- Salaries (by level) (3)

- (1) Ministry of Advanced Education
- (2) Weber (2005)
- (3) BCNU
- (4) Kazanjian (1986)
- (5) O'Brien-Pallas et al. (2003)
- (6) UBC School of Nursing (2006)
- (7) CRNBC (2005)
- (8) CIHI (2005)
- (9) Pringle and Green (2005)
- (10) CIHI (2005)
- (11) BC STATS (2006)

## ■ Continuation and attrition rates:

- Attrition rates (4), (5)
- Age distribution (6), (7), (8)
- Probability of continuing the degree (6), (9)
- Probability of passing the RN exam (7)
- Probability of leaving BC after graduation (7)
- FTE per full time person per age per experience time in position (7)

## ■ Initial Conditions:

- Distribution of current workforce by position (8)
- Ratio of RN to population (8)
- BC population projections (11)



| Variables          | Notation   | Description   |
|--------------------|--|---|
| Probabilities      | $Ps(1)_i, Ps(3)_i$   | Probability that a student admitted into the program is of age $i$              |
|                    | $Prn(1)_i, Prn(2)_i$   | Age distribution of nurses recruited  |
|                    | $Ppn(1)_i, Ppn(2)_i$   | Age distribution of nurses promoted   |
|                    | $Pcontinuing(1), Pcontinuing(2), Pcontinuing(3), Pcontinuing(4)$ | Probability of continuing in education  |
|                    | $Ppass$  | Probability of passing the provincial exam                                      |
|                    | $Pstay$  | Probability of practicing in the province                                       |
|                    | $P\_retire(1)_i, P\_retire(2)_i, P\_retire(3)_i$                 | Attrition rate of nurses by age $i$   |
| Initial conditions | $initial\_s(2)_i, initial\_s(3)_i, initial\_s(4)_i$              | Number of students of age $i$ in the first period of the model                  |
|                    | $initial\_n(1)_i, initial\_n(2)_i, initial\_n(3)_i$              | Number of nurses of age $i$ in the first period of the model                    |
|                    | $pfraction(1)_x, pfraction(2)_x, pfraction(3)_x$                 | Initial fraction of workers that have been in their position at least $x$ years |
| Costs              | $tsCost$   | Cost of funding a university seat per year                                      |
|                    | $tn(2)Cost, tn(3)Cost$   | Cost of promoting a nurse into a managerial position                            |
|                    | $rn(1)Cost_j, rn(2)Cost_j$                                       | Recruitment cost for each nurse in year $j$                                     |
|                    | $sn(1)Cost, sn(2)Cost, sn(3)Cost$                                | Annual salaries   |
| Bounds             | $mins(1)_j, mins(3)_j$   | Lower bound on the number of students admitted into the programs in year $j$    |
|                    | $maxs(1)_j, maxs(3)_j$   | Upper bound on the number of students admitted into the programs in year $j$    |
| Demand             | $BCpop_j$  | Population projection for year $j$  |
|                    | $n(1)ratio_j, n(2)ratio_j, n(3)ratio_j$                          | Minimum ratios of nurses to meet population demand in year $j$                  |

# Student admission and nurse demand constraints

$$\max s(1)_j \geq s(1)admitted_j \geq \min s(1)_j \quad \forall j \quad (21)$$

$$\max s(3)_j \geq s(3)admitted_j \geq \min s(3)_j \quad \forall j \quad (22)$$

$$\sum_i FTE(n(1)_{i,j}) \geq \frac{BCpop_j}{n(1)ratio_j} \quad \forall j \quad (23)$$

$$\sum_i FTE(n(2)_{i,j}) \geq \frac{\sum_i FTE(n(1)_{i,j})}{n(2)ratio} \quad \forall j \quad (24)$$

$$\sum_i FTE(n(3)_{i,j}) \geq \frac{\sum_i FTE(n(1)_{i,j})}{n(3)ratio} \quad \forall j \quad (25)$$



# Full Time Equivalency

- Important practical consideration
- Not all nurse work full time
  - Maternity leave
  - Other leaves
  - Reduced productivity when starting out (ratio)
- FTE definition for maternity leave

$$FTE(n(\bullet)_{i,j})_{pl} = n(\bullet)_{i,j} * (1 - Fertility\_rate_i * female\_ratio * Maternity\_leave/12)$$



# Balance Constraints

- Balance First and Third Year students

$$s(1)admitted_j \geq s(3)admitted_j \quad \forall j \quad (26)$$

- Limit number of recruits by number of graduating students

$$\sum_i initial\_s(4)_i * Pcontinuing(4) * Ppass * Pstay \geq n(1)recruited_j \quad j=1 \quad (27)$$

$$\sum_i s(4)_{i,j-1} * Pcontinuing(4) * Ppass * Pstay \geq n(1)recruited_j \quad \forall j \geq 2 \quad (28)$$

- This maintains a 50-50 mix of BC trained and non-BC trained nurses
- This ratio is arbitrary and can be modified for policy reasons



# Only promote nurses with x years of experience

$$n(1)promoted_j \leq pfraction(1)_x * \sum_i n(1)_{i,0} \quad j = 1 \quad (29)$$

$$n(1)promoted_j \leq \sum_i \left[ n(1)_{i,0} * pfraction(1)_{x-j} * \prod_{k=0}^{j-2} (1 - P\_retire(1)_{i+k}) \right] \quad x \geq j \geq 2 \quad (30)$$

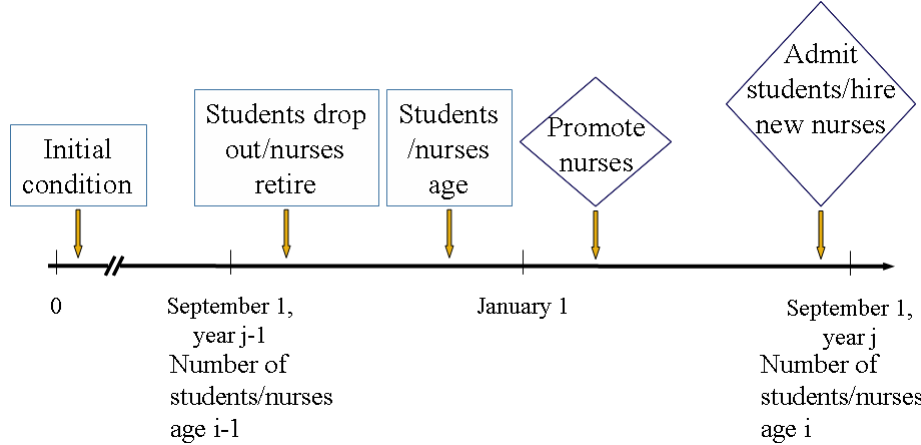
$$n(1)promoted_j \leq \sum_i \left[ n(1)_{i,j-x} * \prod_{k=0}^{x-1} (1 - P\_retire(1)_{i+k}) \right] \quad j > x \quad (31)$$

$$n(2)promoted_j \leq pfraction(2)_x * \sum_i n(2)_{i,0} \quad j = 1 \quad (32)$$

$$n(2)promoted_j \leq \sum_i \left[ n(2)_{i,0} * pfraction(2)_{x-j} * \prod_{k=0}^{j-2} (1 - P\_retire(2)_{i+k}) \right] \quad x \geq j \geq 2 \quad (33)$$

$$n(2)promoted_j \leq \sum_i \left[ n(2)_{i,j-x} * \prod_{k=0}^{x-1} (1 - P\_retire(2)_{i+k}) \right] \quad j > x \quad (34)$$





Given  $65 \geq i \geq 16 = \text{age}$ ,  $j = 1 \dots N = \text{time period}$

- Total number of first year students of age  $i$  at time period  $j = s(1)_{i,j}$

$$s(1)_{i,j} = s(1)_{\text{admitted}_j} * Ps(1)_i \quad \forall i, j$$

- Total number of second year students of age  $i$  at time period  $j = s(2)_{i,j}$

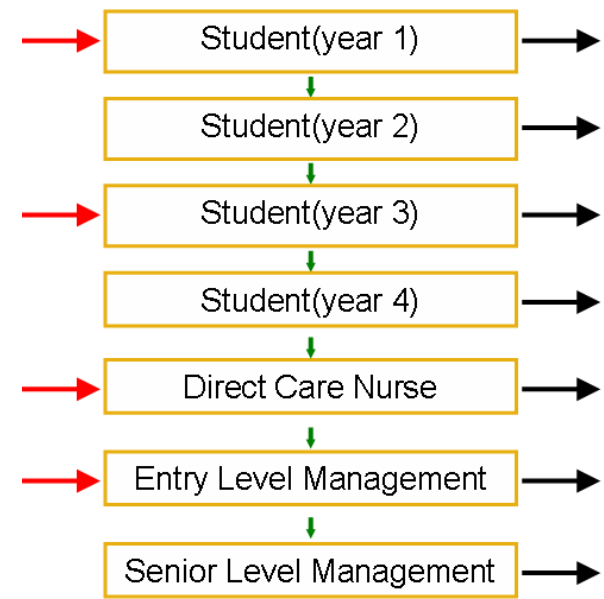
$$s(2)_{i,j} = \begin{cases} \text{initial } s(2)_{i,j} & \text{for } j = 1, 16 \leq i \\ s(1)_{i-1,j-1} * P_{\text{continuing}}(1) & \text{for } 2 \leq j \leq N, 16 \leq i < 65 \\ [s(1)_{i-1,j-1} + s(1)_{i,j-1}] * P_{\text{continuing}}(1) & \text{for } 2 \leq j \leq N, i = 65 \end{cases}$$

- Total number of third year students of age  $i$  at time period  $j = s(3)_{i,j}$

$$s(3)_{i,j} = \begin{cases} \text{initial } s(3)_{i,j} + s(3)_{\text{admitted}_j} * Ps(3)_i & \text{for } j = 1, 16 \leq i \\ s(2)_{i-1,j-1} * P_{\text{continuing}}(2) + s(3)_{\text{admitted}_j} * Ps(3)_i & \text{for } 2 \leq j \leq N, 16 \leq i < 65 \\ [s(2)_{i-1,j-1} + s(2)_{i,j-1}] * P_{\text{continuing}}(2) + s(3)_{\text{admitted}_j} * Ps(3)_i & \text{for } 2 \leq j \leq N, i = 65 \end{cases}$$

- Total number of fourth year students of age  $i$  at time period  $j = s(4)_{i,j}$

$$s(4)_{i,j} = \begin{cases} \text{initial } s(4)_{i,j} & \text{for } j = 1, 16 \leq i \\ s(3)_{i-1,j-1} * P_{\text{continuing}}(3) & \text{for } 2 \leq j \leq N, 16 \leq i < 65 \\ [s(3)_{i-1,j-1} + s(3)_{i,j-1}] * P_{\text{continuing}}(3) & \text{for } 2 \leq j \leq N, i = 65 \end{cases}$$



- Total number of practicing nurses of age  $i$  at time period  $j = n(1)_{i,j}$

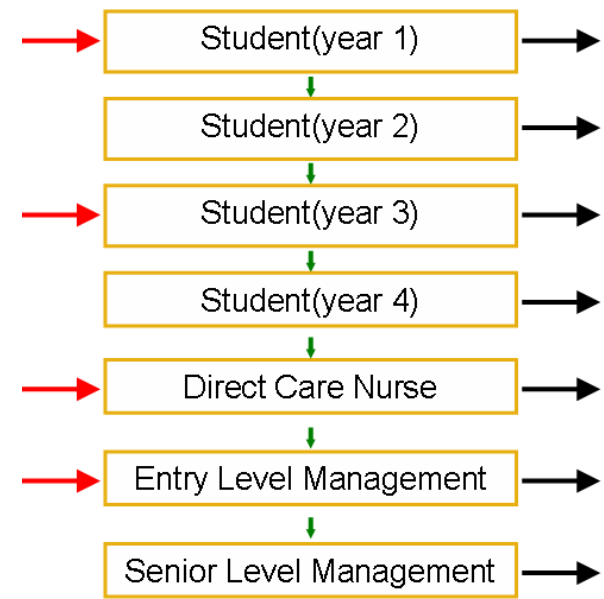
$$n(1)_{i,j} = \begin{cases} \text{initial } n(1)_{i,j} \\ + [n(1)_{\text{recruited}_j} - n(1)_{\text{promoted}_j}] * Pn(1)_i & \text{for } j = 1, 16 \leq i \\ n(1)_{i-1,j-1} * (1 - Pretire(1)_{i-1}) \\ + s(4)_{i-1,j-1} * Pcontinuing(4) * Ppass * Pstay \\ + [n(1)_{\text{recruited}_j} - n(1)_{\text{promoted}_j}] * Pn(1)_i & \text{for } 2 \leq j \leq N, 16 \leq i < 65 \\ n(1)_{i-1,j-1} * (1 - Pretire(1)_{i-1}) \\ + n(1)_{i,j-1} * (1 - Pretire(1)_i) \\ + s(4)_{i-1,j-1} * Pcontinuing(4) * Ppass * Pstay \\ + s(4)_{i,j-1} * Pcontinuing(4) * Ppass * Pstay \\ + [n(1)_{\text{recruited}_j} - n(1)_{\text{promoted}_j}] * Pn(1)_i & \text{for } 2 \leq j \leq N, i = 65 \end{cases}$$

- Total number of nurse leaders of age  $i$  at time period  $j = n(2)_{i,j}$

$$n(2)_{i,j} = \begin{cases} \text{initial } n(2)_{i,j} \\ + n(1)_{\text{promoted}_j} * Pn(1)_i \\ + [n(2)_{\text{recruited}_j} - n(2)_{\text{promoted}_j}] * Pn(2)_i & \text{for } j = 1, 16 \leq i \\ n(2)_{i-1,j-1} * (1 - Pretire(2)_{i-1}) \\ + n(1)_{\text{promoted}_j} * Pn(1)_i \\ + [n(2)_{\text{recruited}_j} - n(2)_{\text{promoted}_j}] * Pn(2)_i & \text{for } 2 \leq j \leq N, 16 \leq i < 65 \\ n(2)_{i-1,j-1} * (1 - Pretire(2)_{i-1}) \\ + n(2)_{i,j-1} * (1 - Pretire(2)_i) \\ + n(1)_{\text{promoted}_j} * Pn(1)_i \\ + [n(2)_{\text{recruited}_j} - n(2)_{\text{promoted}_j}] * Pn(2)_i & \text{for } 2 \leq j \leq N, i = 65 \end{cases}$$

- Total number of senior nurse leaders of age  $i$  at time period  $j = n(3)_{i,j}$

$$n(3)_{i,j} = \begin{cases} \text{initial } n(3)_{i,j} \\ + n(2)_{\text{promoted}_j} * Pn(2)_i & \text{for } j = 1, 16 \leq i \\ n(3)_{i-1,j-1} * (1 - Pretire(3)_{i-1}) \\ + n(2)_{\text{promoted}_j} * Pn(2)_i & \text{for } 2 \leq j \leq N, 16 \leq i < 65 \\ n(3)_{i-1,j-1} * (1 - Pretire(3)_{i-1}) \\ + n(3)_{i,j-1} * (1 - Pretire(3)_i) \\ + n(2)_{\text{promoted}_j} * Pn(2)_i & \text{for } 2 \leq j \leq N, i = 65 \end{cases}$$



# Objective function

- Training Costs

$$\sum_i [s(1)_{i,j} + s(2)_{i,j} + s(3)_{i,j} + s(4)_{i,j}] * tsCost \\ + n(1)promoted_j * tn(2)Cost + n(2)promoted_j * tn(3)Cost$$

- Recruitment Costs

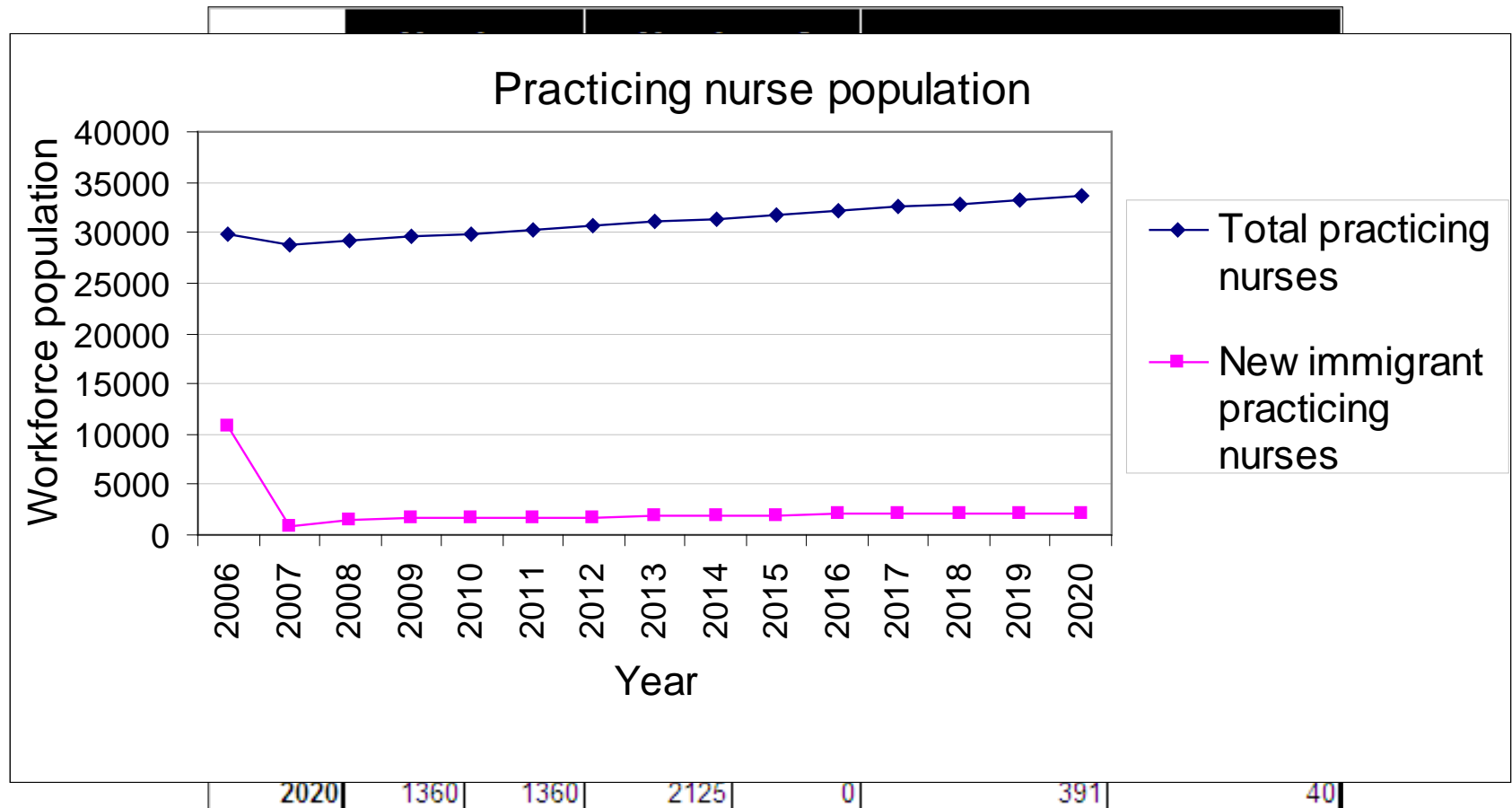
$$n(1)recruited_j * rn(1)Cost_j + n(2)recruited_j * rn(2)Cost_j$$

- Salaries

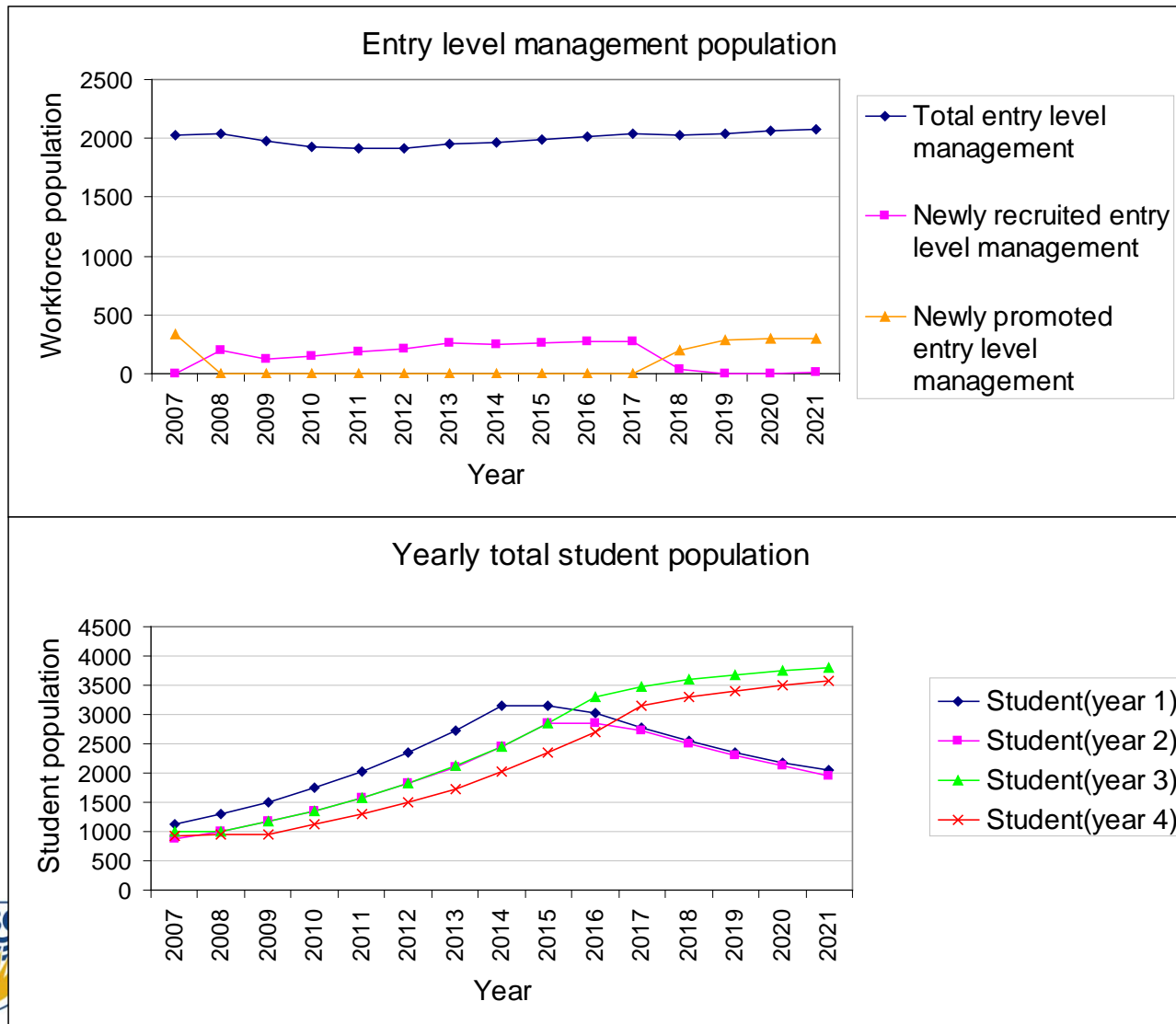
$$Annual\ Salary_j = \sum_i n(1)_{i,j} * sn(1)Cost + \sum_i n(2)_{i,j} * sn(2)Cost + \sum_i n(3)_{i,j} * sn(3)Cost$$

- These are summed over years  $j$
- They ensure that equalities hold where possible so they force workforce to just meet demand (on an FTE) basis

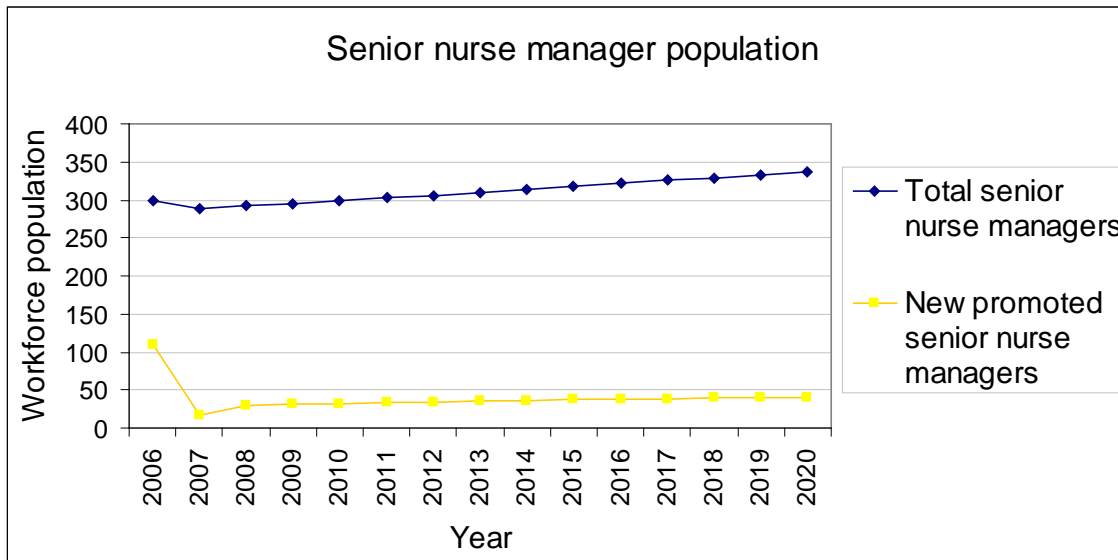
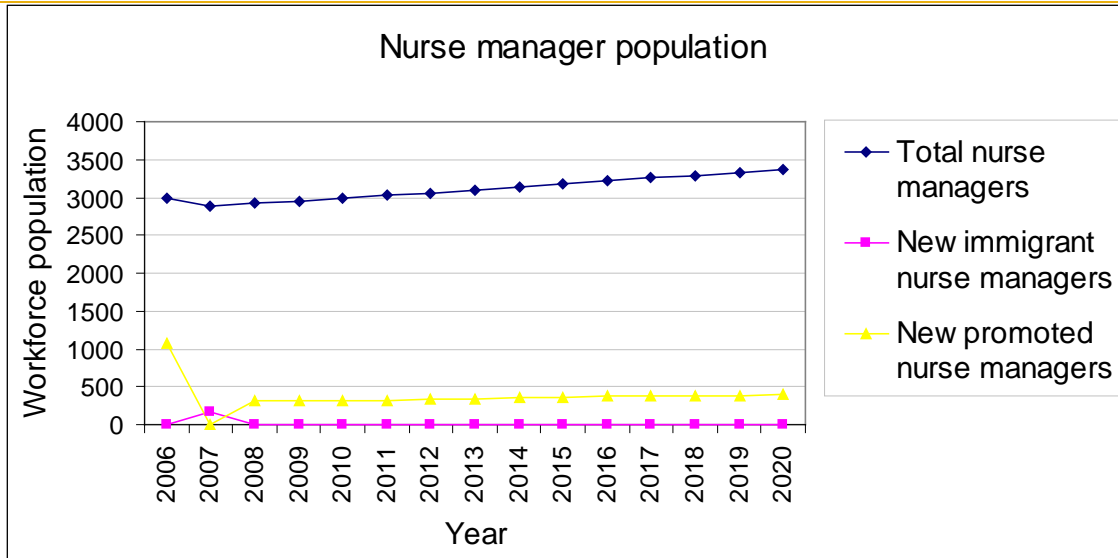
# Outputs – Baseline



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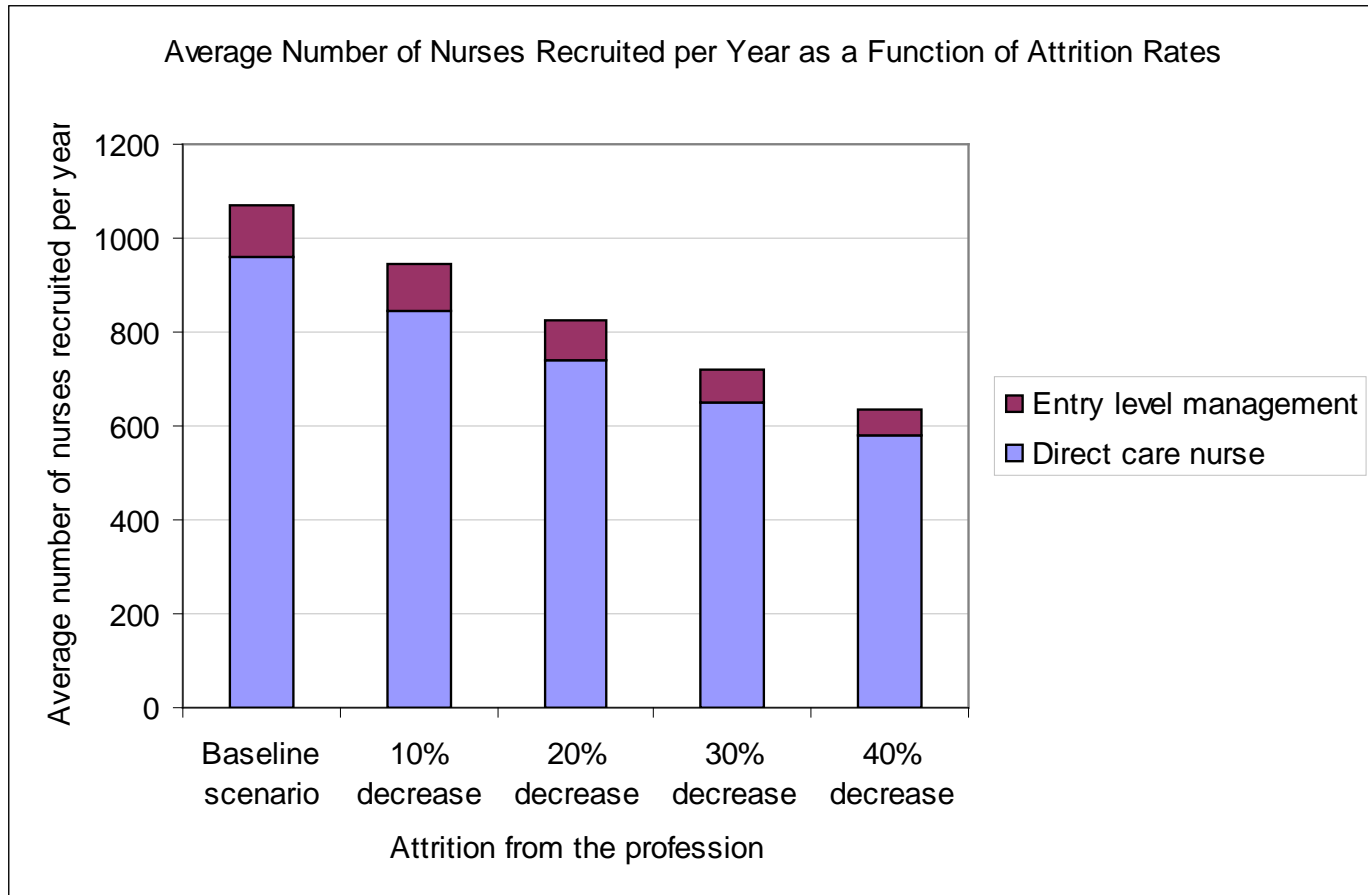


# Possible Scenarios for “What if?” Analysis

- Vary nurse to population ratio
- Vary proportion of students that continue the program after each year of study
- Vary nurse to manager ratios and nurse attrition rates
- Change maternity leave policies
- Change demand for nurses
- Change attrition rates
- ...

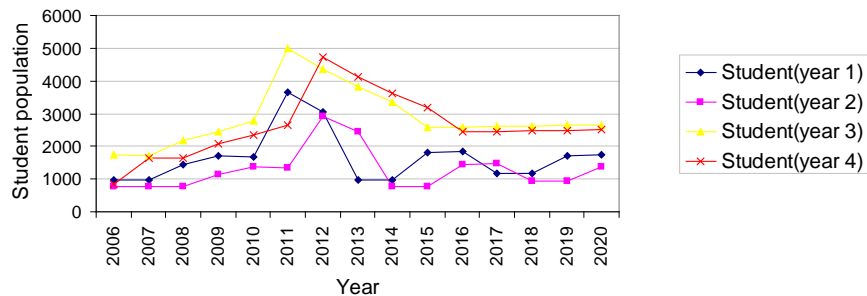


# Effect of Attrition on Recruitment Volumes

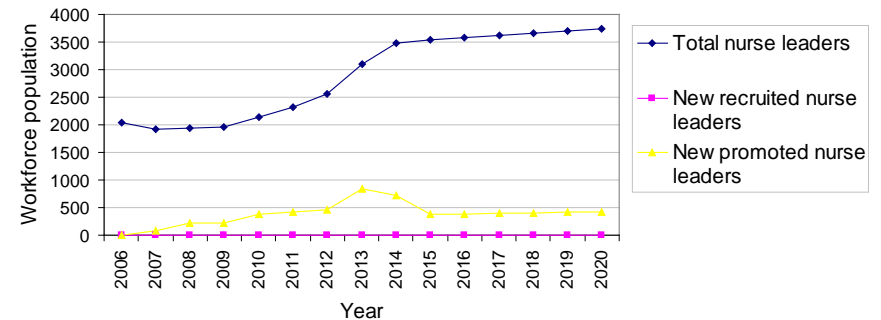


# Outputs – Decreasing Nurse/Population ratios over time

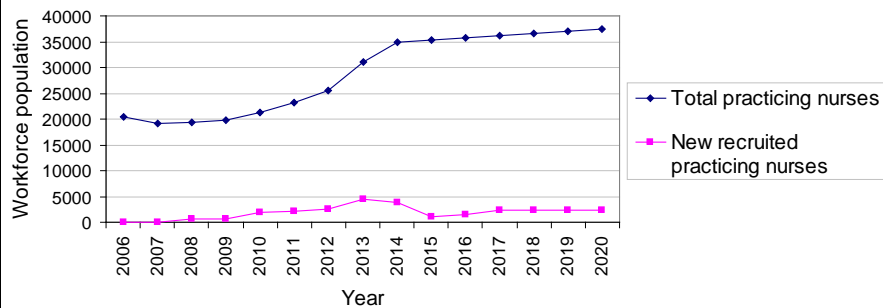
Yearly total student population



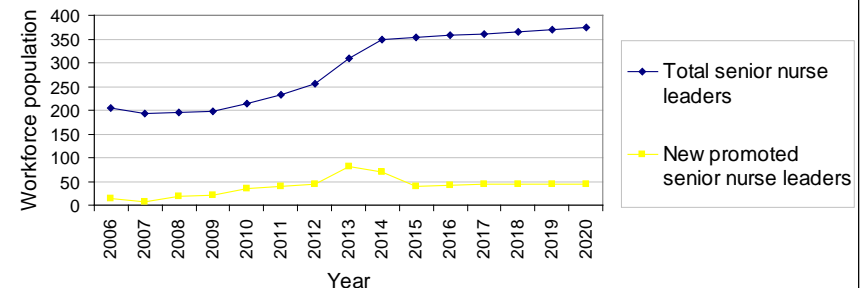
Nurse leader population



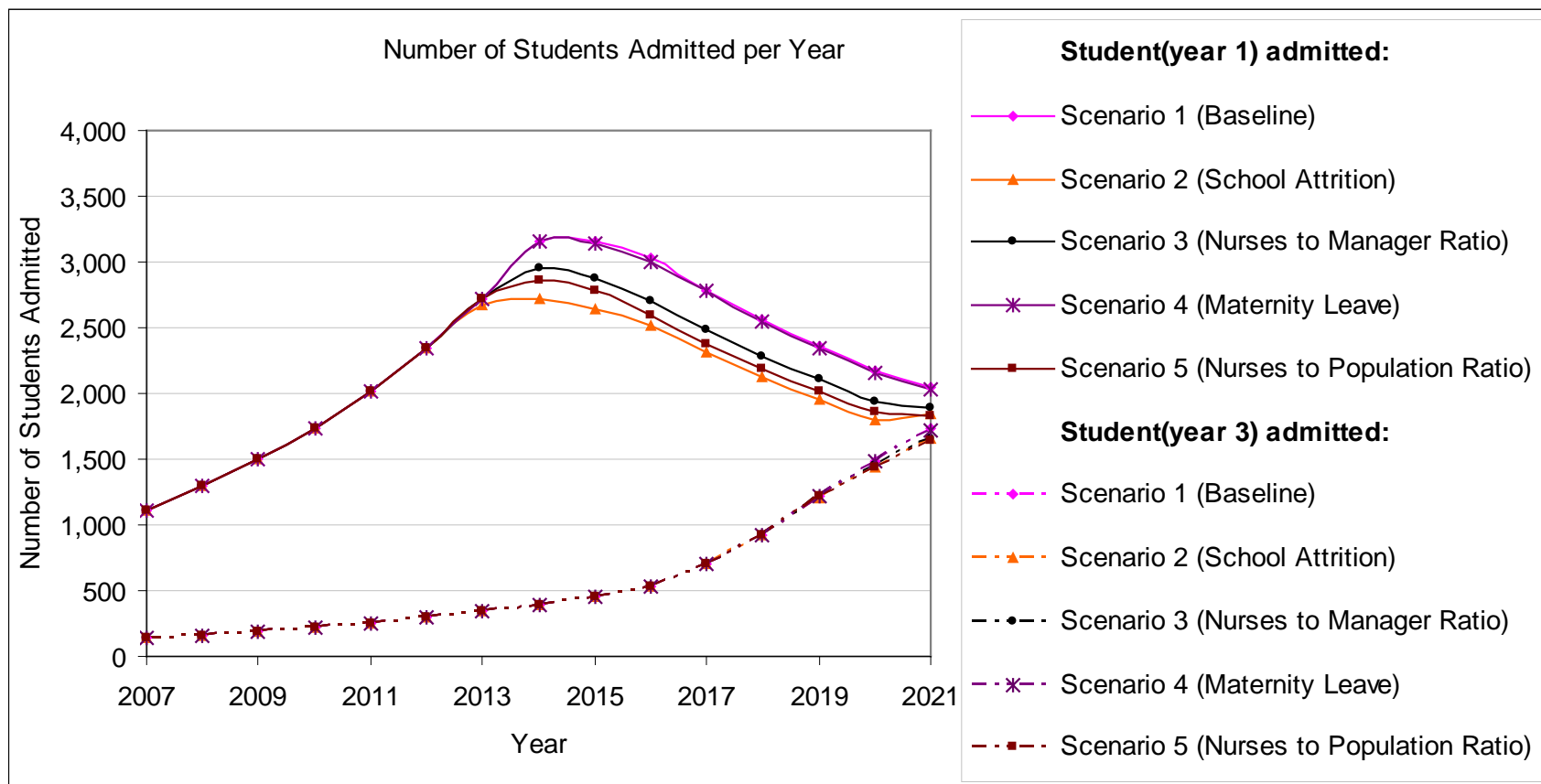
Practicing nurse population



Senior nurse leader population



# Outputs – Comparing Scenarios



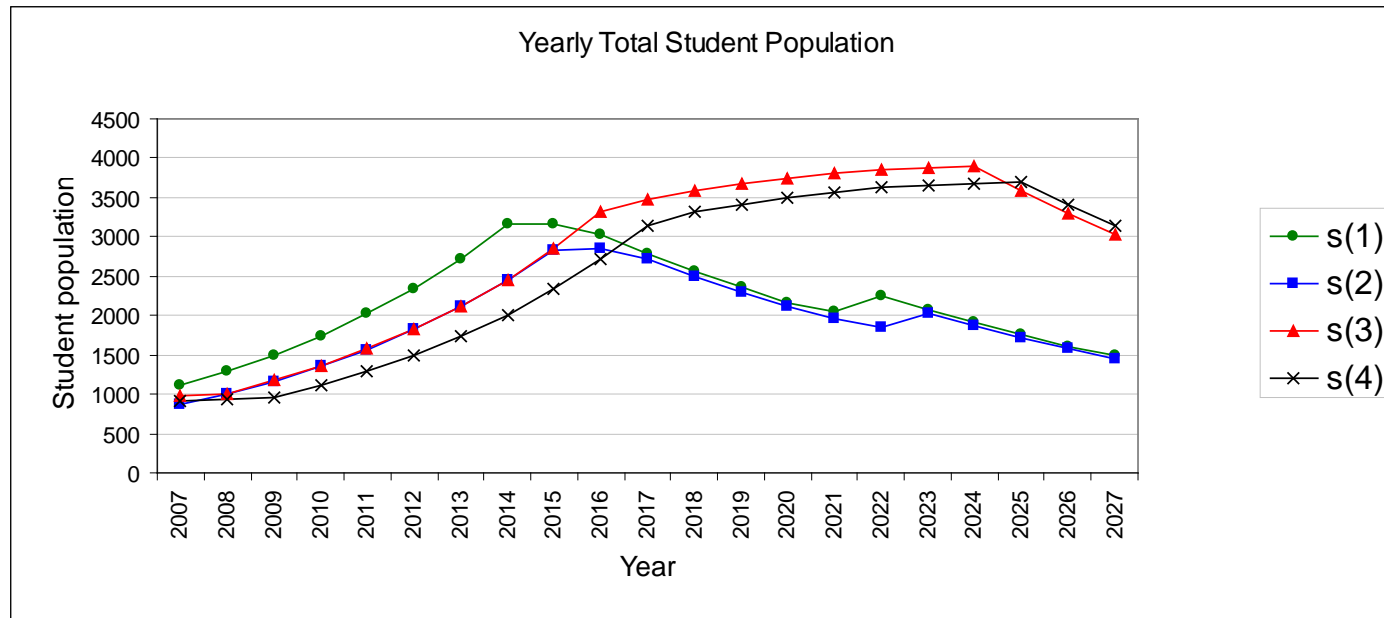
# Research Challenges

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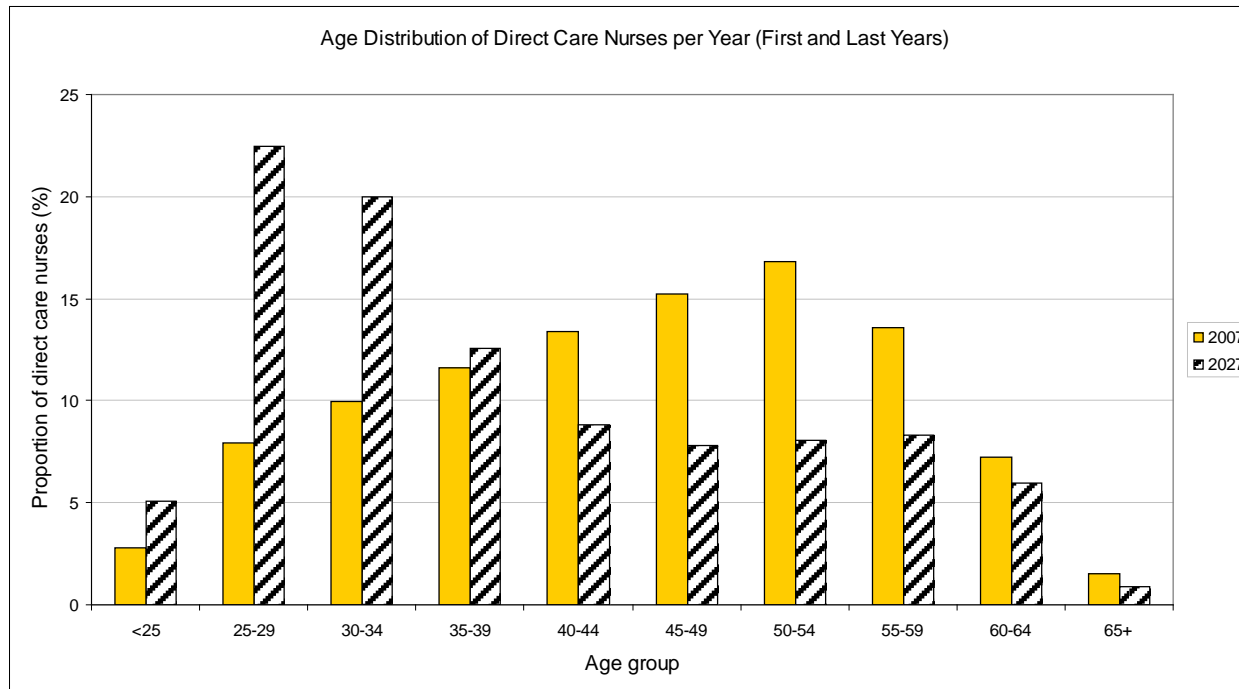
- End Conditions
  - How do we ensure that finite horizon model is optimal for infinite planning horizon?
- Stochasticity
  - Changes in retirements; maternity leaves, student attrition, unfilled demand
- Feedback



# Effect of End Conditions – 20 year model



# Changing Age Distribution (20 year Model)





# Comments

- We have developed a tool for decision makers to examine HHR planning in the broadest context
- The modeling approach extends to other healthcare professionals or levels of granularity
- References
  - Application - **Using Operations Research to Plan the British Columbia Registered Nurses' Workforce**, Mariel S. Lavieri, Sandra Regan, Martin L. Puterman and Pamela A. Ratner, *Healthcare Policy*, 4(2) 2008: e117-e135
  - Methods - **Optimizing Nursing Human Resource Planning in British Columbia**, Mariel S. Lavieri and Martin L. Puterman, *Health Care Management Science* (accepted 2008)



# Strategic Planning of Radiation Therapists at the BC Cancer Agency

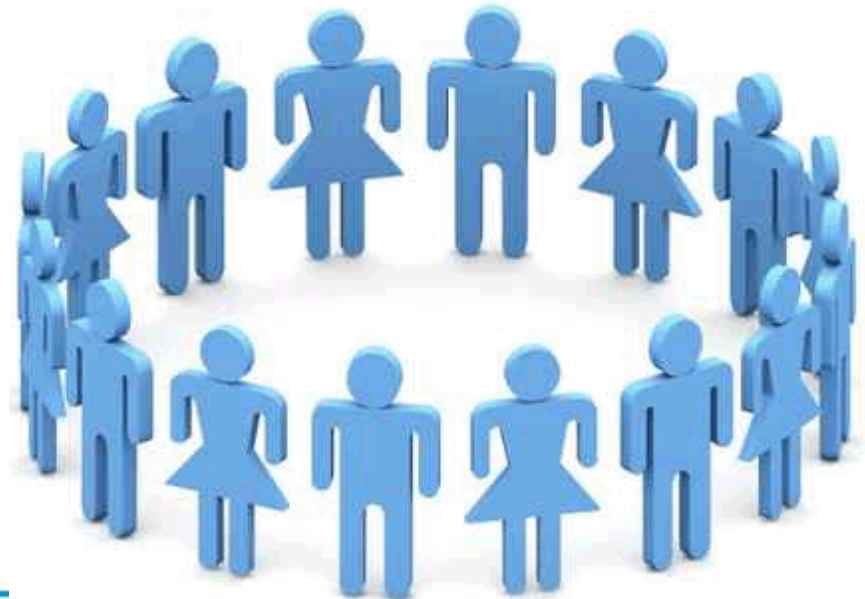
Greg Werker, Martin Puterman, Mike Darud

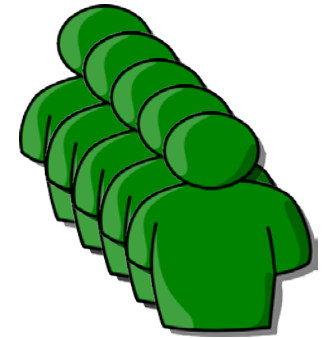
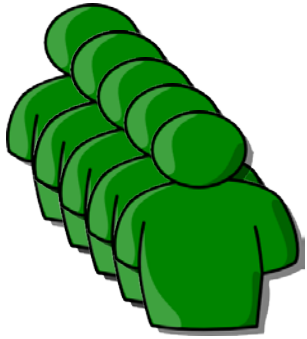
- This study is funded by the Canadian Institute of Health Research (CIHR).



# Motivation from an HR Perspective

- RTs want more predictability, involvement
- HR push to create longer-term plan
- In practice, not so easy to do
- Currently planning done by hand





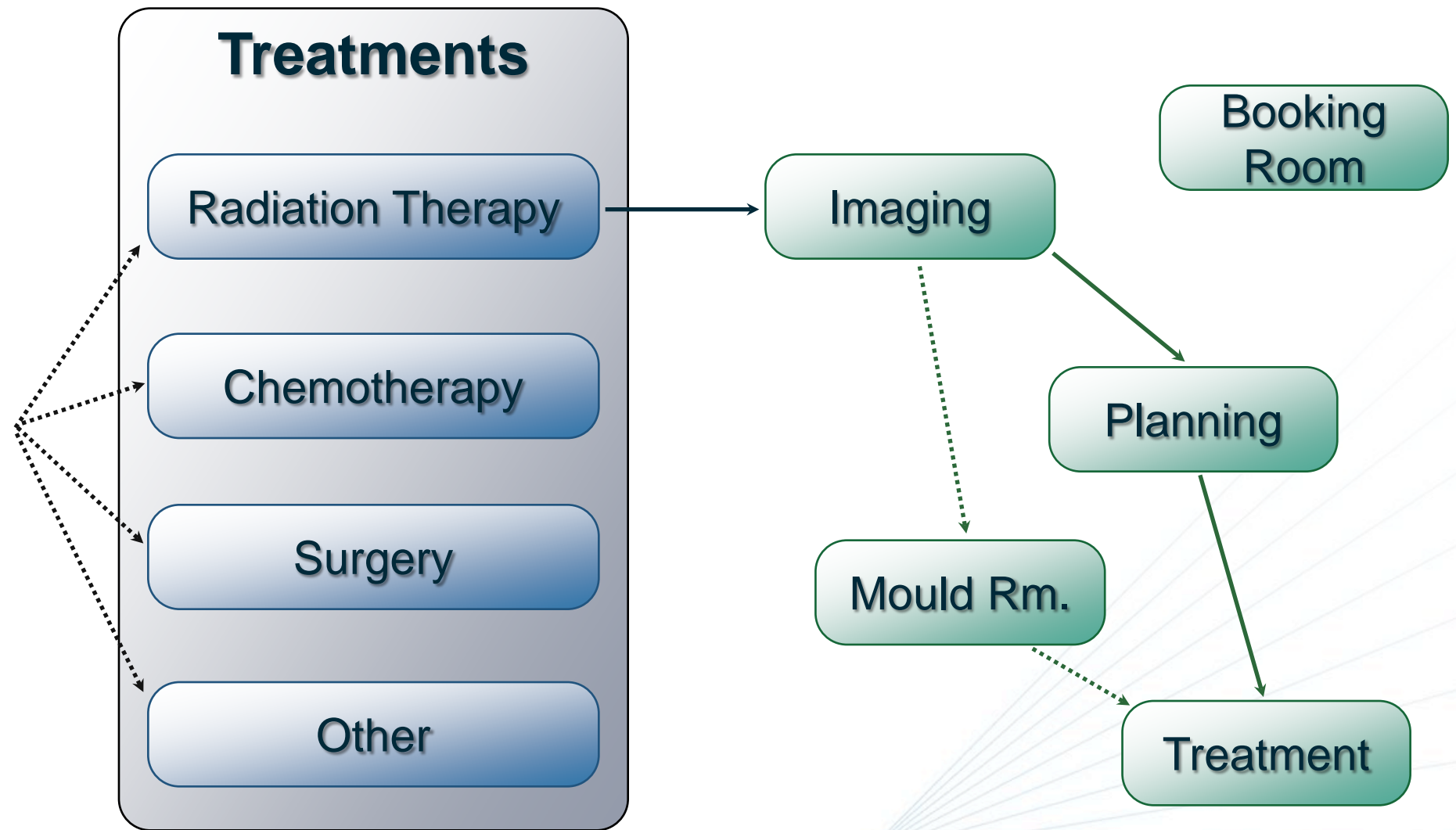
How do we create a  
long-term plan for all  
radiation therapists for  
the next few years?

| January | February | March     |
|---------|----------|-----------|
|         |          |           |
|         |          |           |
| April   | May      | June      |
|         |          |           |
|         |          |           |
| July    | August   | September |
|         |          |           |
|         |          |           |
| October | November | December  |
|         |          |           |
|         |          |           |

| January | February | March     |
|---------|----------|-----------|
|         |          |           |
|         |          |           |
| April   | May      | June      |
|         |          |           |
|         |          |           |
| July    | August   | September |
|         |          |           |
|         |          |           |
| October | November | December  |
|         |          |           |
|         |          |           |

| January | February | March     |
|---------|----------|-----------|
|         |          |           |
|         |          |           |
| April   | May      | June      |
|         |          |           |
|         |          |           |
| July    | August   | September |
|         |          |           |
|         |          |           |
| October | November | December  |
|         |          |           |
|         |          |           |

# Radiation Therapy Map



# Radiation Therapy Task Areas

## Mould Rm.

- Mould Rm.

## Booking Room

- Booking

## Treatment

- Treatment
- Sim

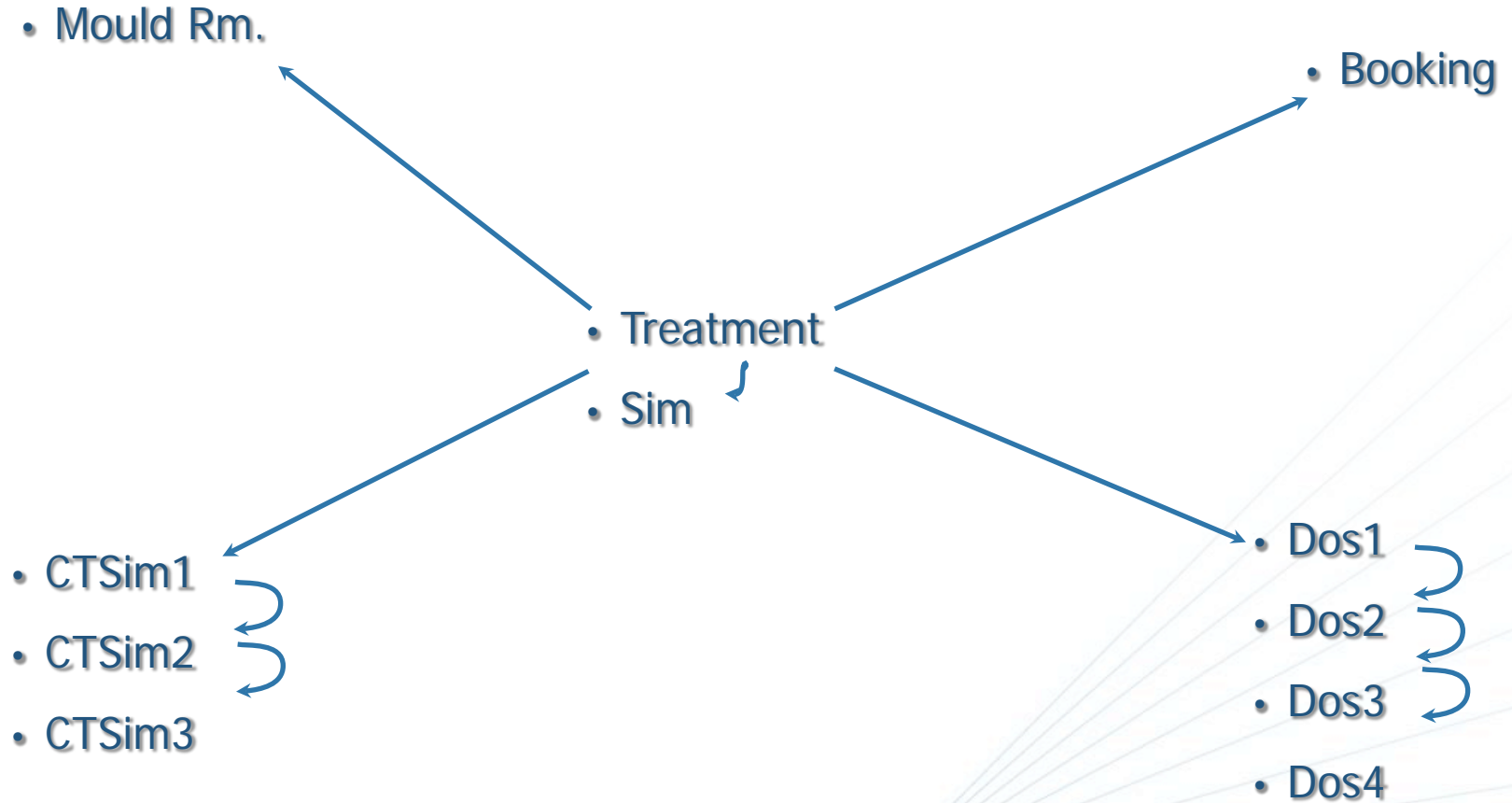
## Imaging

- CTSim1
- CTSim2
- CTSim3

## Planning

- Dos1
- Dos2
- Dos3
- Dos4

# Experience



# Sample Paths

## Sample path #1

- Treatment (12)
- CTSim1 (1)
- CTSim2 (1)
- Mould Rm. (2)
- Dos1 (1)
- Dos2 (2)
- Dos3 (4)

## Sample path #2

- Treatment (4)
- Sim (1)
- Treatment (8)
- CTSim1 (1)
- Mould Rm. (2)
- CTSim2 (1)
- CTSim3 (2)

# Variables

## Domains:

$T$ : Therapist

$A$ : Area

$B$ : Area required Before

$P$ : Period

$$X_{T,A,P} = \begin{cases} 1 & \text{if } T \text{ is assigned to } A \text{ in } P \\ 0 & \text{otherwise} \end{cases}$$

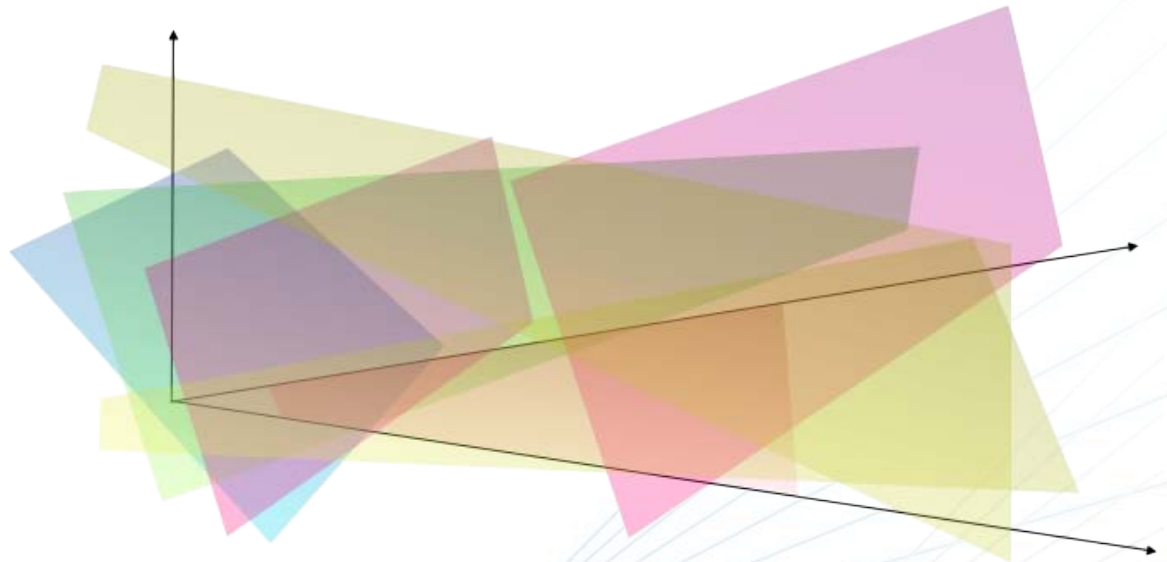
$$Y_{T,A,P} = \begin{cases} 1 & \text{if } T \text{ begins a sequence in } A \text{ in } P \\ 0 & \text{otherwise} \end{cases}$$

$$H_{T,A,B,P} = \begin{cases} 1 & \text{if } T \text{ has the necessary experience in area } B \text{ for } A \text{ in } P \\ 0 & \text{otherwise} \end{cases}$$

# Constraints

---

Initial Position  
Coverage  
One Area Only  
Min Duration  
Has Experience



# Initial Position

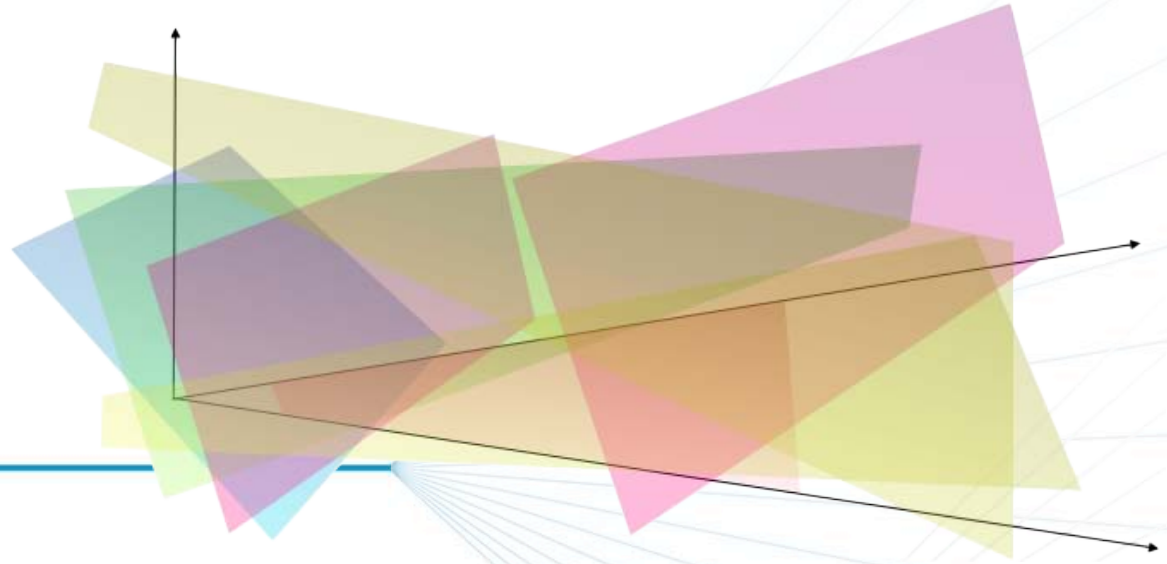
- $INIT_{T,A} = 1$  if  $T$  is initially (currently) in  $A$ ; 0 otherwise

|    | A    | O       |
|----|------|---------|
| 1  |      | Q0      |
| 5  | Alis | Treat   |
| 6  | Amal | Sim     |
| 7  | Anes | Booking |
| 8  | Asht | Treat   |
| 9  | Bar  | Dos3    |
| 10 | Bres | Treat   |
| 11 | Car  | Dos4    |
| 12 | Cher | Treat   |
| 13 | Chre | Treat   |
| 14 | Chre | CTSim3  |
| 15 | Cia  | CTSim2  |
| 16 | Cry  | Dos2    |
| 17 | Dar  | Treat   |
| 18 | Des  | Dos3    |
| 19 | Har  | Dos3    |
| 20 | Hei  | Treat   |
| 21 | Isat | dos1    |
| 22 | Jah  | dos1    |
| 23 | Jah  | dos1    |
| 24 | Jas  | CTSim1  |
| 25 | K... | Treat   |

*(Excel interface only displays the 1s, by showing which A each T is initially in.)*

## Constraint: Initial Position

$$X_{T,A,"Q0"} = INIT_{T,A} \quad \forall T, A$$



# Total Requirements

- $TOTREQ_A$  = total number therapists required in area A

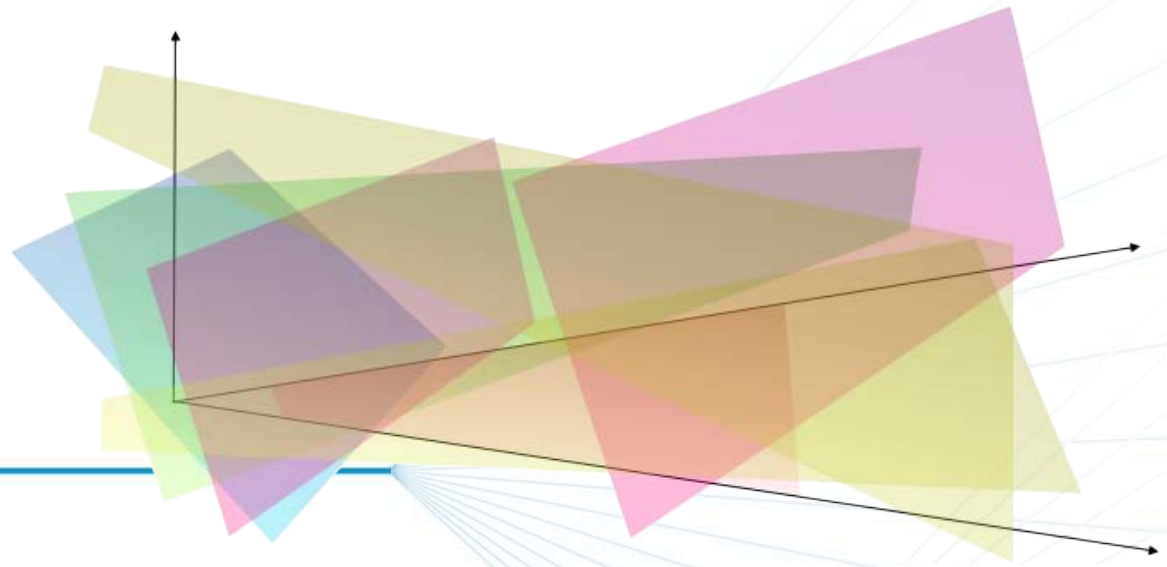
|    | A       | B      |
|----|---------|--------|
| 1  |         | TOTREQ |
| 2  | NoWork  | 0      |
| 3  | Treat   | 26     |
| 4  | Brachy  | 3      |
| 5  | Special | 3      |
| 6  | Pall    | 4      |
| 7  | CTSim1  | 3      |
| 8  | CTSim2  | 2      |
| 9  | CTSim3  | 1      |
| 10 | MR      | 3      |
| 11 | Sim     | 2      |
| 12 | Dos1    | 4      |
| 13 | Dos2    | 2      |
| 14 | Dos3    | 2      |
| 15 | Dos4    | 2      |
| 16 | Booking | 1      |
| 17 |         |        |
| 18 | sum     | 58     |
| 19 |         |        |

*(Excel interface and GAMS model actually allow total requirements to be specified by period)*

## Constraint: Coverage

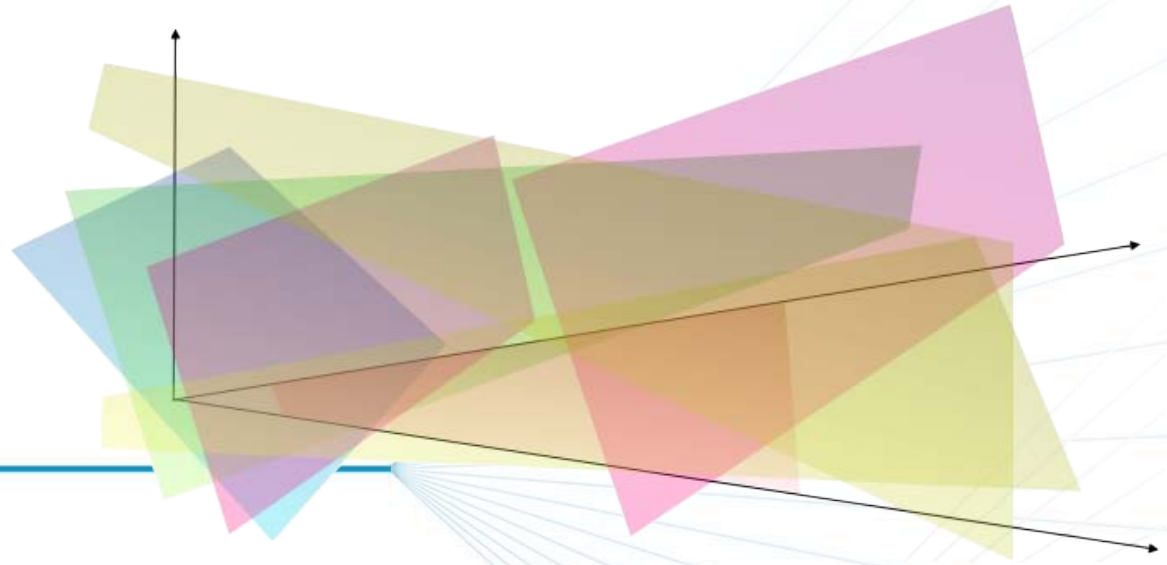
$$\sum_T X_{T,A,P} \geq TOTREQ_A \quad \forall A, P$$

Note; this is only constraint between therapists



Constraint: Therapist can work in only one area  
each period

$$\sum_A X_{T,A,P} = 1 \quad \forall T, P$$



# Minumum (and Maximum) Duration

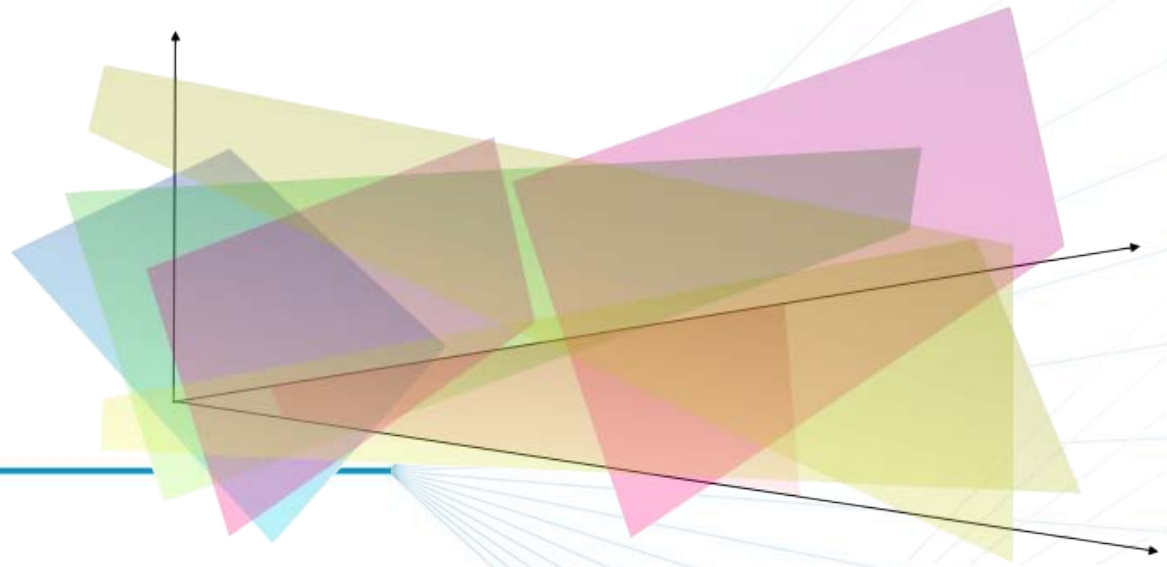
- $MINDUR_A$  = minimum number of consecutive periods a therapist must work in an area A if begins work in that area
- $MAXDUR_A$  = used in soft constraint for maximum number consecutive periods

|    | A       | B      | C | D       | E      |
|----|---------|--------|---|---------|--------|
| 1  | Areas   | MinDur |   | Areas   | MaxDur |
| 2  |         |        |   |         |        |
| 3  | NoWork  | 0      |   | NoWork  | 20     |
| 4  | Treat   | 2      |   | Treat   | 12     |
| 5  | CTSim1  | 1      |   | CTSim1  | 4      |
| 6  | CTSim2  | 1      |   | CTSim2  | 4      |
| 7  | CTSim3  | 2      |   | CTSim3  | 8      |
| 8  | MR      | 2      |   | MR      | 8      |
| 9  | Sim     | 1      |   | Sim     | 4      |
| 10 | Dos1    | 1      |   | Dos1    | 4      |
| 11 | Dos2    | 2      |   | Dos2    | 4      |
| 12 | Dos3    | 2      |   | Dos3    | 4      |
| 13 | Dos4    | 2      |   | Dos4    | 8      |
| 14 | Booking | 2      |   | Booking | 6      |

## Constraint: Min Duration

$$\sum_{q=P}^{P+MINDUR_A-1} X_{T,A,q} \geq MINDUR_A * Y_{T,A,P} \quad \forall T, A, P$$

$$X_{T,A,P} - X_{T,A,P-1} \leq Y_{T,A,P} \quad \forall T, A \quad \forall P > 0$$



# Total Requirements

- $STEXP_{T,B}$  = starting experience levels for each therapist in area B

|    | A       | B     | C      | D       | E    | F      | G      | H      | I  | J   | K    | L    | M    |
|----|---------|-------|--------|---------|------|--------|--------|--------|----|-----|------|------|------|
| 1  | -       | Treat | Brachy | Special | Pall | CTsim1 | CTsim2 | CTsim3 | MR | Sim | Dos1 | Dos2 | Dos3 |
| 5  | ddi     | 12    |        |         |      |        |        |        |    |     |      |      |      |
| 6  | her ali | 12    |        |         |      |        |        |        |    | 1   |      |      |      |
| 7  | as      | 12    |        |         |      |        |        |        |    |     |      |      |      |
| 8  | add     | 12    |        |         |      |        |        |        | 2  | 1   |      |      |      |
| 9  | mir     | 12    |        |         |      |        |        |        |    |     | 1    | 2    | 4    |
| 10 | levi    | 12    |        |         |      |        |        |        |    |     |      |      |      |
| 11 | um      | 12    |        |         |      |        |        |        |    |     | 1    | 2    | 4    |
| 12 | ark     | 12    |        |         |      |        |        |        |    |     |      |      |      |
| 13 | imayas  | 12    |        |         |      |        |        |        |    | 1   |      |      |      |
| 14 | orey    | 12    |        |         |      | 1      | 1      | 3      |    | 1   |      |      |      |
| 15 | dls     | 12    |        |         |      | 1      | 1      | 3      | 2  |     |      |      |      |
| 16 | ob      | 12    |        |         |      | 1      | 1      | 3      |    |     | 1    | 1    |      |
| 17 | ard     | 12    |        |         |      |        |        |        |    |     |      |      |      |
| 18 | ag      | 12    |        |         |      |        |        |        | 2  | 1   | 1    | 2    | 4    |
| 19 | hwa     | 12    |        |         |      | 1      | 1      | 3      |    | 1   | 1    | 2    | 2    |
| 20 |         | 12    |        |         |      |        |        |        |    |     |      |      |      |

*(12 is the maximum required quarters of treatment experience; similarly 1 for CTSim1, 1 for CTSim2, 3 for CTSim3...)*

# Total Requirements

- $EXP_{A,B}$  = experience required in area B *before* being allowed to work in area A

|    | A       | B     | C      | D       | E    | F      | G      | H      | I  | J   | K    | L    | M    | N    | O       |
|----|---------|-------|--------|---------|------|--------|--------|--------|----|-----|------|------|------|------|---------|
| 1  |         | Treat | Brachy | Special | Pall | CTSim1 | CTSim2 | CTSim3 | MR | Sim | Dos1 | Dos2 | Dos3 | Dos4 | Booking |
| 2  | Treat   |       |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 3  | Brachy  | 12    |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 4  | Special | 4     |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 5  | Pall    | 2     |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 6  | CTSim1  | 12    |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 7  | CTSim2  | 12    |        |         |      | 1      |        |        |    |     |      |      |      |      |         |
| 8  | CTSim3  | 12    |        |         |      | 1      | 1      |        |    |     |      |      |      |      |         |
| 9  | MR      | 4     |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 10 | Sim     | 4     |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 11 | Dos1    | 12    |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 12 | Dos2    | 12    |        |         |      |        |        |        |    |     | 1    |      |      |      |         |
| 13 | Dos3    | 12    |        |         |      |        |        |        |    |     | 1    | 2    |      |      |         |
| 14 | Dos4    | 12    |        |         |      |        |        |        |    |     | 1    | 2    | 4    |      |         |
| 15 | Booking | 6     |        |         |      |        |        |        |    |     |      |      |      |      |         |
| 16 |         |       |        |         |      |        |        |        |    |     |      |      |      |      |         |

(e.g., to work in Dos3, one must have 12 quarters treatment experience, 1 quarter in Dos1, and 2 quarters in Dos2)

## Constraint: Has Experience

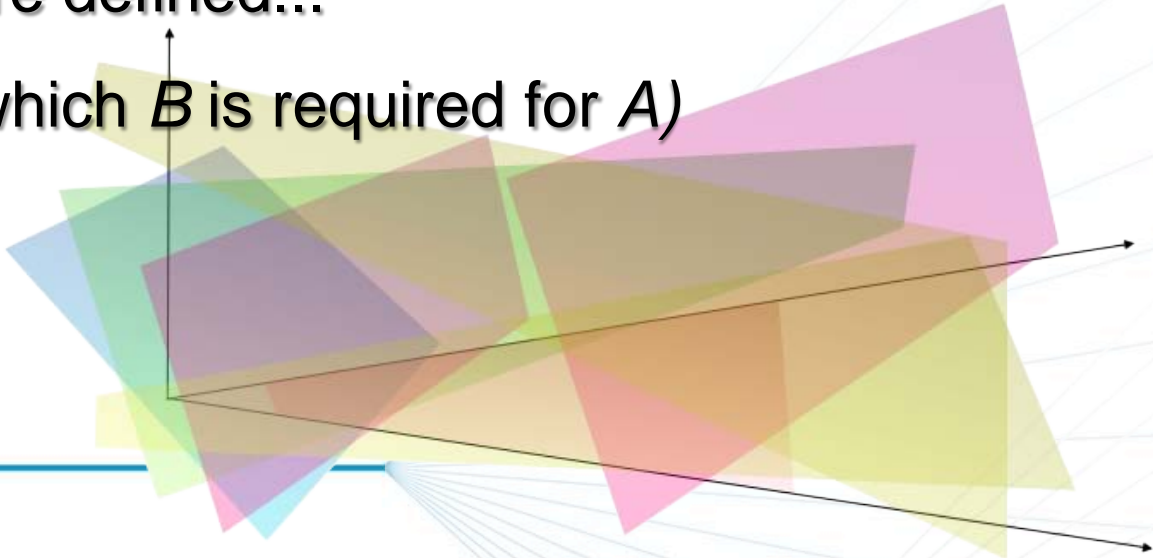
$$H_{T,A,B,P} * EXP_{A,B} \leq STEXP_{T,B} + \sum_{q=1}^P X_{T,B,q}$$

$$STEXP_{T,B} + \sum_{q=1}^P X_{T,B,q} - (EXP_{A,B} - 0.5) \leq H_{T,A,B,P} * M$$

$$X_{T,A,P} \leq H_{T,A,B,P}$$

all three constraints are defined...

$\forall T, A, P$  and  $B$  (for which  $B$  is required for  $A$ )



# Initial Position

$$X_{T,A,"Q0"} = INIT_{T,A} \quad \forall T, A$$

## Coverage

$$\sum_T X_{T,A,P} \geq TOTREQ_A \quad \forall A, P$$

## One Area Only

$$\sum_A X_{T,A,P} = 1 \quad \forall T, P$$

## Min (and Max) Duration

$$\sum_{q=P}^{P+MINDUR_A-1} X_{T,A,q} \geq MINDUR_A * Y_{T,A,P} \quad \forall T, A, P$$

$$X_{T,A,P} - X_{T,A,P-1} \leq Y_{T,A,P} \quad \forall T, A \quad \forall P > 0$$

## Has Experience

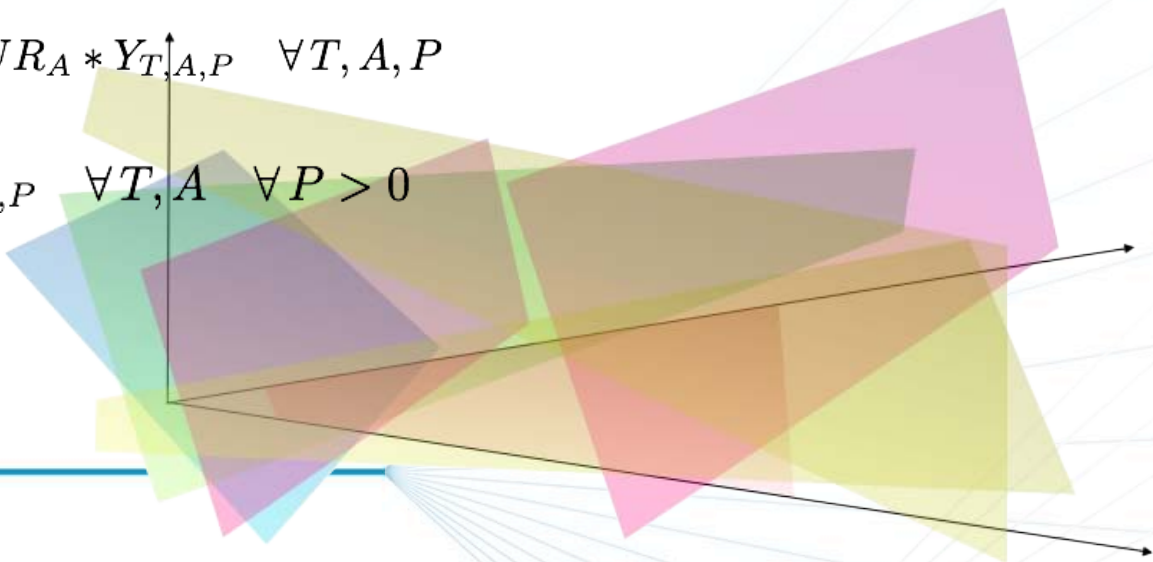
$$H_{T,A,B,P} * EXP_{A,B} \leq STEXP_{T,B} + \sum_{q=1}^P X_{T,B,q}$$

$$STEXP_{T,B} + \sum_{q=1}^P X_{T,B,q} - (EXP_{A,B} - 0.5) \leq H_{T,A,B,P} * M$$

$$X_{T,A,P} \leq H_{T,A,B,P}$$

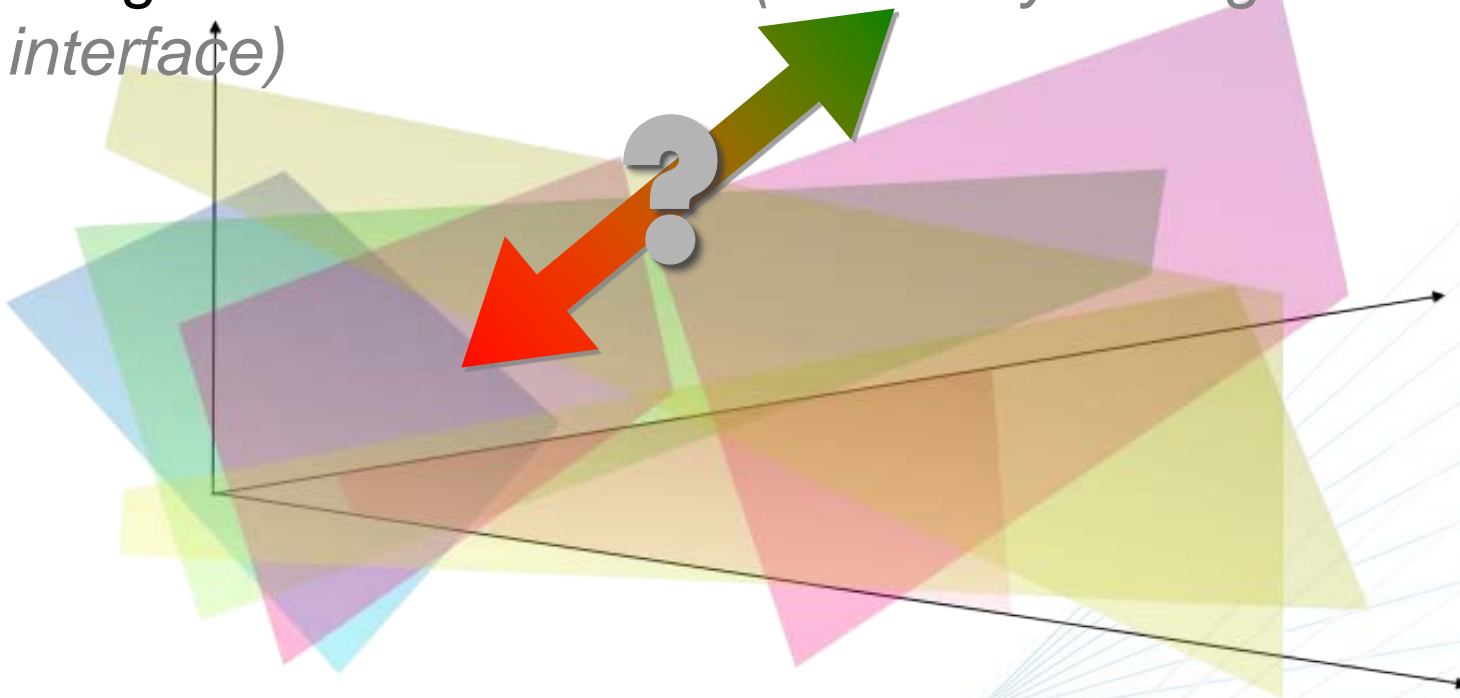
the above 3 constraints are defined...

$\forall T, A, B, P$ : B is required for A



# Objective Function

- Possibly just a constant – i.e find a feasible solution, or
- A combination of penalties and rewards – goal is to violate as few soft constraints as little as possible
- Weights can be tweaked (*ultimately through Excel interface*)



# More Components

---

- **Additional functionality:**
  - New hires
  - Part-time therapists
  - Maternity leave; sick leave
- **Soft constraints:**
  - Forced assignments
  - Max duration

# Excel Input

|    | A                    | M    | N  | O  | P    | Q  | R  | S  |
|----|----------------------|------|----|----|------|----|----|----|
| 1  |                      | Q1   | Q2 | Q3 | Q4   | Q5 | Q6 | Q7 |
| 2  | Acie ne V V Vighit   | Dos3 | O  | O  | O    | O  | O  | X  |
| 3  | Aldan yang an        | O    | O  | O  | O    | O  | O  | O  |
| 4  | Alk t le             | Dos3 | O  | O  | O    | O  | O  | O  |
| 5  | Alle al idg idg3     | X    | X  | O  | O    | O  | O  | O  |
| 6  | Arllim Mhe gheli     | O    | O  | O  | Dos2 | O  | O  | O  |
| 7  | Arre a ka a an       | O    | O  |    | X    | X  | X  | X  |
| 8  | Ashte judi           | O    |    |    | O    | O  | O  | O  |
| 9  | Basba kani           | O    |    |    | O    | O  | O  | O  |
| 10 | Brana 3e3e           | O    |    |    | MR   | O  | O  | O  |
| 11 | Carnde cur rury      | O    |    |    | O    | O  | O  | O  |
| 12 | Charl lar har        | X    |    |    | X    | O  | O  | O  |
| 13 | Chisline C Cngyas    | O    |    |    | O    | O  | O  | O  |
| 14 | Christy Ma a Main ay | O    | O  | O  | O    | O  | O  | O  |
| 15 | Chhaty chie hils     | O    | O  | O  | O    | O  | O  | O  |
| 16 | Crisnj kol kol       | O    | X  | X  | X    | X  | O  | O  |
| 17 | Darya var rana       |      |    |    |      | O  |    |    |
| 18 | Dearland li j        |      |    |    |      | O  |    |    |

- O
- X
- Treat
- CTSim1
- CTSim2
- CTSim3
- MR
- Sim

Staff Planning Model

Run Model

(model will automatically be saved first)

|          | Q1    | Q2    | Q3    | Q4    | Q5    | Q6    | Q7    | Q8    |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|
| 4 NoWork | 22.00 | 22.00 | 21.50 | 21.00 | 22.00 | 21.00 | 19.50 | 21.50 |
| 5 Treat  | 36.18 | 36.18 | 36.04 | 36.70 | 36.00 | 36.10 | 36.84 | 36.84 |
| 6 CTSim1 | 3.00  | 3.84  | 3.24  | 3.50  | 3.08  | 3.00  | 3.00  | 3.00  |
| 7 CTSim2 | 2.00  | 2.00  | 2.00  | 2.00  | 2.00  | 2.00  | 2.50  | 2.50  |
| 8 CTSim3 | 1.00  | 1.00  | 1.00  | 1.00  | 1.00  | 1.00  | 1.00  | 1.00  |
| 9 MR     | 3.00  | 3.00  | 3.50  | 3.60  | 3.10  | 3.34  | 5.34  | 3.34  |

|    | A       | B      | C | D       | E      |
|----|---------|--------|---|---------|--------|
| 1  | Areas   | MinDur |   | Areas   | MaxDur |
| 2  |         |        |   |         |        |
| 3  | NoWork  | 0      |   | NoWork  | 20     |
| 4  | Treat   | 2      |   | Treat   | 12     |
| 5  | CTSim1  | 1      |   | CTSim1  | 4      |
| 6  | CTSim2  | 1      |   | CTSim2  | 4      |
| 7  | CTSim3  | 2      |   | CTSim3  | 8      |
| 8  | MR      | 2      |   | MR      | 8      |
| 9  | Sim     | 1      |   | Sim     | 4      |
| 10 | Dos1    | 1      |   | Dos1    | 4      |
| 11 | Dos2    | 2      |   | Dos2    | 4      |
| 12 | Dos3    | 2      |   | Dos3    | 4      |
| 13 | Dos4    | 2      |   | Dos4    | 8      |
| 14 | Booking | 2      |   | Booking | 6      |



# Size of Problem and Solution

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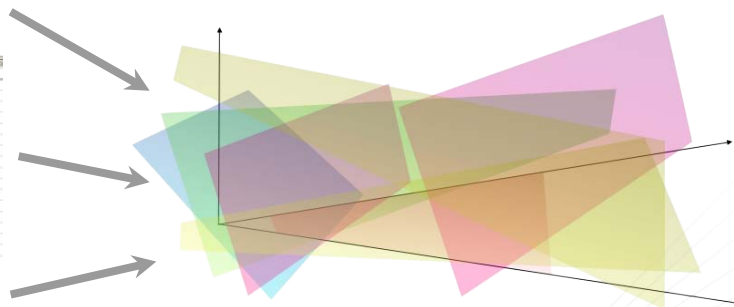
- 8-quarter model:
  - Total solution time < 30 seconds
- 12-quarter model:
  - 82,406 binary variables
  - 169,827 constraints
  - 782,023 Non-zeros
  - Total solution time = 34 minutes
    - » GAMS using Cplex solver
    - » 3.00 GHz Intel Core 2 (running on single CPU of a quad chip)
    - » 16 GB ram

# Model Overview

|    | A      | B      | C      | D     | E      |
|----|--------|--------|--------|-------|--------|
| 1  | Areas  | MinDur |        | Areas | MaxDur |
| 2  |        |        |        |       |        |
| 3  | NoWork | 0      | NoWork |       | 20     |
| 4  | Treat  | 2      | Treat  |       | 12     |
| 5  | CTSim1 | 1      | CTSim1 |       | 4      |
| 6  | CTSim2 | 1      | CTSim2 |       | 4      |
| 7  | CTSim3 | 2      | CTSim3 |       | 8      |
| 8  | MR     | 2      | MR     |       | 8      |
| 9  | Sim    | 1      | Sim    |       | 4      |
| 10 | Dos1   | 1      | Dos1   |       | 4      |
| 11 | Dos2   | 2      | Dos2   |       | 4      |

|    | A        | M    | N | O | P    | Q | R | S |
|----|----------|------|---|---|------|---|---|---|
| 1  |          |      |   |   |      |   |   |   |
| 2  | ACULVWgh | Dos3 | 0 | 0 | 0    | 0 | 0 | X |
| 3  | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 4  | AdpVWgh  | Dos3 | 0 | 0 | 0    | 0 | 0 | 0 |
| 5  | AdpVWgh  | X    | X | 0 | 0    | 0 | 0 | 0 |
| 6  | AdpVWgh  | 0    | 0 | 0 | Dos2 | 0 | 0 | 0 |
| 7  | AdpVWgh  | 0    | 0 | X | X    | X | X | X |
| 8  | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 9  | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 10 | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 11 | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 12 | AdpVWgh  | X    | X | 0 | 0    | 0 | 0 | 0 |
| 13 | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 14 | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 15 | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 16 | AdpVWgh  | 0    | X | X | X    | X | 0 | 0 |
| 17 | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |
| 18 | AdpVWgh  | 0    | 0 | 0 | 0    | 0 | 0 | 0 |



|    | A   | B      | C      | D      | E      | F      | G      | H      | I      |
|----|---|--------|--------|--------|--------|--------|--------|--------|--------|
|    | Staff Planning Model                      |        |        |        |        |        |        |        |        |
|    | Run Model                                 |        |        |        |        |        |        |        |        |
| 1  | (model will automatically be saved first) |        |        |        |        |        |        |        |        |
| 2  |   |        |        |        |        |        |        |        |        |
| 3  |   | Q1     | Q2     | Q3     | Q4     | Q5     | Q6     | Q7     | Q8     |
| 4  | NoWork                                    | 22.00  | 22.00  | 21.50  | 21.00  | 22.00  | 21.00  | 19.50  | 21.50  |
| 5  | Treat                                     | 36.18  | 36.18  | 36.04  | 36.70  | 36.00  | 36.10  | 36.84  | 36.84  |
| 6  | CTSim1                                    | 3.00   | 3.84   | 3.24   | 3.50   | 3.08   | 3.00   | 3.00   | 3.00   |
| 7  | CTSim2                                    | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.50   | 2.50   |
| 8  | CTSim3                                    | 1.00   | 1.00   | 1.00   | 1.00   | 1.00   | 1.00   | 1.00   | 1.00   |
| 9  | MR  | 3.00   | 3.00   | 3.50   | 3.60   | 3.10   | 3.34   | 5.34   | 3.34   |
| 10 | Sim                                       | 2.50   | 2.50   | 2.00   | 2.24   | 3.00   | 4.00   | 2.00   | 2.00   |
| 11 | Dos1                                      | 4.84   | 4.00   | 4.90   | 4.14   | 4.34   | 4.08   | 4.00   | 4.00   |
| 12 | Dos2                                      | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.34   | 2.34   |
| 13 | Dos3                                      | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   |
| 14 | Dos4                                      | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   | 2.00   |
| 15 | Booking                                   | 1.00   | 1.00   | 1.34   | 1.34   | 1.00   | 1.00   | 1.00   | 1.00   |
| 16 |   |        |        |        |        |        |        |        |        |
| 17 |   |        |        |        |        |        |        |        |        |
| 18 |   |        |        |        |        |        |        |        |        |
| 19 | Results                                   |        |        |        |        |        |        |        |        |
| 20 | RT  | Q1     | Q2     | Q3     | Q4     | Q5     | Q6     | Q7     | Q8     |
| 21 | AdpVWgh                                   | Treat  | Treat  | Treat  | Sim    | CTSim1 | CTSim1 | NoWork | NoWork |
| 22 | AdpVWgh                                   | Dos4   | Dos4   | Dos4   | Dos4   | Dos4   | Dos4   | Dos3   | Dos3   |
| 23 | AdpVWgh                                   | Sim    | CTSim1 | Treat  | Treat  | Sim    | Treat  | Treat  | Treat  |
| 24 | AdpVWgh                                   | NoWork | NoWork | Treat  | Treat  | Sim    | Treat  | Treat  | Treat  |
| 25 | AdpVWgh                                   | Dos1   | Sim    | Dos2   | Dos2   | Treat  | Treat  | Treat  | Treat  |
| 26 | AdpVWgh                                   | Sim    | Sim    | Sim    | NoWork | NoWork | NoWork | NoWork | CTSim1 |
| 27 | AdpVWgh                                   | MR     | MR     | MR     | Treat  | Treat  | Treat  | Treat  | Treat  |
| 28 | AdpVWgh                                   | Treat  | Treat  | CTSim1 | Dos1   | Treat  | Treat  | Treat  | Treat  |
| 29 | AdpVWgh                                   | MR     | MR     | CTSim1 | MR     | MR     | Treat  | Treat  | Treat  |
| 30 | AdpVWgh                                   | Treat  | Treat  | Treat  | Treat  | CTSim1 | CTSim1 | CTSim1 | CTSim2 |
| 31 | AdpVWgh                                   | NoWork | NoWork | NoWork | NoWork | Treat  | Treat  | Treat  | Treat  |



# Challenges

- Size of the model:
  - *more than 12 quarters takes a very long time to solve*
  - *Necessary to avoid “end effects”*
- Keeping IP formulation tight (closer to LP relaxation):
  - The addition of part-time RTs caused a couple constraints to become less tight, which increases solution time.
- Users are confused when minor changes to inputs lead to completely different plan
  - Currently testing an objective function that minimizes changes compared to last mode



# Conclusions

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- *Tool enables planning of RTs over next several years*
- *Can be used on a rolling horizon basis*
- *It has been used this quarter!*
- *IP balances various inputs and finds “best” solution that violates as few soft constraints as possible*
- *Current focus is on getting the tool ready for use*
- *Two papers in preparation*